

NRHSAA

2024 COMPETITION DATES

<u>Competitions</u>	<u>Date</u>	<u>Location/ Convener</u>	<u>*Advancement Criteria*</u>	<u>Entries / Deadline</u>	
Zone 3 Championship	Tues., May 14	Welland Centennial SS Convener: Alex Acs	*top 4 individuals advance *top 4 relay teams advance Alexander.Acs@dsbn.org	4 individuals/event/sch. to SOSSA and Entry Deadline Schedule at NRHSAA site 12 p.m. Fri. May 10	AELS
Zone 4 Championship	Thurs., May 16	Welland Centennial SS Convener: Alex Acs Schedule at NRHSAA site	*top 4 individuals advance *top 4 relay teams advance Alexander.Acs@dsbn.org	4 individuals/event/sch. to SOSSA and Entries DUE :12 p.m. Fri. May 10	AELS
SOSSA Championship	Wed.(1-5pm) May 22 and Thurs., May 23	Welland Centennial SS SOSSA Convener Brent Mergl Brent.Mergl@dsbn.org	top 5 individuals advance top 5 relay teams advance to South Regional Schedule at NRHSAA site		
South Regional	Wed.(1-5pm) May 29 and Thu., May 30	Mohawk T&F Facility Mohawk Rd. Hamilton Convener: Mike Smith Dundas Valley SS	top 4 individuals advance top 4 relay teams advance to OFSAA		
OFSAA	Thurs., June 6 to Sat., June 8	U. Western Ont., London Convener: Banting SS	www.ofsaa.on.ca/track-field/coaches		