

# NRHSAA BOYS AND GIRLS' SNOWBOARD (DOWN HILL RACING)

## 2023 - 2024

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### 1. SEASON OF PLAY

SOSSA and OFSAA take place in February and March.

### 2. LEVELS OF COMPETITION

Shall be conducted in two (2) classifications: High School Division and Open Division.

The events to be conducted are Girls' Giant Slalom and Boys' Giant Slalom for both High School and Open divisions.

### 3. ELIGIBILITY

A school is entitled to enter an Open Men's team and an Open Women's team. A school may have up to ten (10) skiers race in each event. However, a team will consist of five (5) members with the score of three (3) members counting. The five (5) skiers on a team must be designated by the coach on the entry sheet. The team can be all boys; all girls; or mixed.

A school/team must conduct a 'bona fide' high school program consisting of a minimum of eight (8) school practice sessions (dry land and at least one (1) on-hill) and a minimum of three to five (3-5) athletes from November 1<sup>st</sup> until the OFSAA Festival under the supervision of a teacher as certified by the school principal. There must be on-hill training with the school team.

**Athlete:** The individuals' birth certificate indicates that he/she has not reached his/her 19<sup>th</sup> birthday by January 1<sup>st</sup> prior to the start of the school year in which the competition is held.

#### **Definition of team members:**

**High School Division** – Participants are those snowboarders who are high school trained only.

**Open Division** – Participants are those snowboarders who, at any time since the age of 14, have had a Snowboard Ontario/Canada compete membership (or equivalent from another province or country). This would exclude those who have completed exclusively in slopestyle and half pipe competitions.

### 4. ELIGIBILITY SHEETS

Eligibility sheets must be received by the convener five (5) full school days before the first competition date.

**Note:** There are so few zone teams that these zone teams automatically advance to SOSSA.

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## 5. MEET AND CHAMPIONSHIP FORMAT

One (1) day meet featuring a combined two (2) run total time on a giant slalom course.

## 6. RULES

- Any skier who is disqualified from the first run will **NOT** be allowed to do a second run - no exceptions.
- OFSAA regulations will be followed.
- If a student/athlete did not finish or did not start, this negates a skier from the event.
- Unsportsmanlike conduct negates a skier from competition that day.
- Review of the course by sideslip or snow plowing only.
- Pre-skiing of the course will result in an automatic disqualification (D.Q.).

## 7. UNIFORM AND EQUIPMENT

- Bib system will be used and visible at all times.
- Each skier will be assigned a number and must not change numbers or this will result in a DQ.
- All skiers must wear safety straps or ski brakes.
- All competitors must race in long sleeved tops and pants.
- CSA approved helmets are mandatory.
- No cameras or video devices are to be worn while on the race course. Any camera mounts or other attachments on a helmet must be removed or securely taped over.

## 8. SCORING

Team scores will be calculated by adding the best three individual total scores for that team in Slalom **PLUS** the best three individual total scores in Giant Slalom;

**Note:** These scores will come from the five (5) skiers identified by the coach on the registration (entry) form.

## 9. GENERAL POLICIES

- Each coach shall take care of his/her own financial arrangements.
- Each team shall be accompanied by a coach all day.
- CSA approved helmets must be worn when racing.
- The convener has the right to remove any skier who is exhibiting poor behavior or sportsmanship or wearing inappropriate clothing.
- It is recommended that qualified First Aid personnel and equipment be available at the Meet but Coaches will provide all consumable medical supplies (i.e., Tape, bandages, etc.) for their student athletes.