

NRHSAA BOYS' & GIRLS ALPINE (DOWN HILL) SKIING 2023 - 2024

1. SEASON OF PLAY

SOSSA and OFSAA Alpine Skiing takes place in February and March.

2. EVENTS

The events to be conducted are as follows:

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| i) | High School and Open | |
| | Girls' Slalom | Girls' Giant Slalom |
| | Boys' Slalom | Boys' Giant Slalom |
| ii) | Para Division – to consist of the following classification | |
| | Intellectual Impairment | Visual Impairment |
| | Amputee Leg | Amputee Arm |
| | Sit Ski | |

3. ELIGIBILITY

OFSAA Co-educational Alpine Skiing is classified as a team sport.

High School Team Racers: Are school-trained athletes. They have **NO** ski league affiliation and race training, beyond the U-12 category.

Open Team Racers: Participants are those skiers who have ski league affiliation and race training, beyond the U-12 category.

To represent a school in any activity coordinated by the Federation, a school/team must conduct a 'bona fide' high school Alpine ski program consisting of a minimum of eight (8) school practice sessions of dry land and on-hill practices from November 1st until the OFSAA Championship, with a minimum of three (3) athletes participating, under the supervision of a teacher as certified by the school principal. There must be on-hill training with the school team. A ski race is not defined as a practice session.

A member of the current year provincial team is ineligible for OFSAA competition

Athlete: The individuals' birth certificate indicates that he/she has not reached his/her 19th birthday by January 1st prior to the start of the school year in which the competition is held.

Definition of Team Members:

High School – Participants are school trained athletes. They have **NO** ski league affiliation race training, beyond the U-12 category.

Open – Participants are those skiers who have ski league affiliation and race training, beyond the U-12 category.

Each school may enter one (1) boys' team and one (1) girls' team in each of the Level I and Level II categories. A team consists of a minimum of three (3) and a maximum of five (5) athletes.

Schools may enter a maximum of five (5) individual athletes in each category in addition to their team lists.

4. ELIGIBILITY SHEETS

Eligibility sheets must be received by the convener five (5) school days before the first meet. There are so few zone teams that these Zone teams automatically advance to SOSSA.

5. MEET AND CHAMPIONSHIP FORMAT

Two (2) runs in each event shall be held (when possible) in each of the four (4) categories.

6. RULES

- Any skier who is disqualified from the first (1st) run will **NOT** be allowed to do a second (2nd) run - no exceptions.
- OFSAA regulations will be followed.
- If a student/athlete did not finish or did not start, this negates a skier from the event.
- Unsportsmanlike conduct negates a skier from competition that day.
- Review of the course by sideslip or snow plowing only.
- Pre-skiing of the course will result in an automatic disqualification (D.Q.).

7. UNIFORM AND EQUIPMENT

- Bib system will be used and visible at all times.
- Each skier will be assigned a number and must not change numbers or this will result in a DQ.
- All skiers must wear safety straps or ski brakes.
- CSA approved helmets are mandatory.

8. SCORING

Team scores will be calculated by adding the best three (3) individual total scores for that team in Slalom **PLUS** the best three (3) individual total scores in Giant Slalom.

NOTE: These scores will come from the five (5) skiers identified by the coach on the registration (entry) form.

9. GENERAL POLICIES

- Each coach shall take care of his/her own financial arrangements.
- Each team shall be accompanied by a coach all day.
- CSA approved helmets must be worn when racing.
- The convener has the right to remove any skier who is exhibiting poor behavior or sportsmanship or wearing inappropriate clothing.
- It is recommended that qualified First Aid personnel and equipment be available at the meet but coaches will provide all consumable medical supplies (ie tape, bandages, etc.) for their student/athletes.