

<u>Competitions</u>	<u>Date</u>	<u>Location/ Convenor</u>	<u>*Advancement Criteria*</u>	<u>Entries / Deadline</u>
Zone 3 Championship	Tues., May 14	Welland Centennial SS Convenor: Alex Acs Alexander.Acs@dsbn.org	*top 4 individuals advance *top 4 relay teams advance to SOSSA Schedule at NRHSAA site	4 individuals/event/sch. AELS and Entry Deadline 12 p.m. Fri. May 10
Zone 4 Championship	Thurs., May 16	Welland Centennial SS Convenor: Alex Acs Alexander.Acs@dsbn.org	*top 4 individuals advance *top 4 relay teams advance to SOSSA Schedule at NRHSAA site	4 individuals/event/sch. AELS and Entries DUE :12 p.m. Fri. May 10
SOSSA Championship	Wed.(1-5pm) May 22 and Thurs., May 23	Welland Centennial SS SOSSA Convenor Brent Mergl Brent.Mergl@dsbn.org	top 5 individuals advance top 5 relay teams advance to South Regional Schedule at NRHSAA site	
South Regional	Thurs.(1-5pm) May 30 and Fri., May 31	Mohawk T&F Facility Mohawk Rd. Hamilton Convenor: Mike Smith Dundas Valley SS	top 4 individuals advance top 4 relay teams advance to OFSAA	
OFSAA	Thurs., June 6 to Sat., June 8	U. Western Ont., London Convenor: Banting SS	www.ofsaa.on.ca/track-field/coaches	