

Zone 3 SOSSA Qualifiers

Women 4k Run CC Novice

Qualifiers Individual Team Qualifiers

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- 1 **Abigail Campbell** GFESS-Fort Erie, 20:05.8 1
- 2 **Kaylee Olm** PCHS-Port Colborne, 20:15.8 1
- 3 **Raine West** ANMSS-Niagara Fa,20:45.4 1
- 4 **Bianca Romano** CSS-Welland, 20:45.6 1
- 5 **Madeline Berardi** ANMSS-Niagara Fa, 20:59.7 1
- 6 **Sasha Tarasuk** ELCSS-Fonthill, 22:15.1 1
- 7 **deWaard Ava** PCHS-Port Colborne, 23:10.9 1
- 8 **Kelsey Coers** PCHS-Port Colborne, 23:12.3 1
- 9 **Mackenzie Caswell** WSS-Niagara Fall, 23:44.9 1
- 10 **Rene Thiang** WSS-Niagara Fall, 23:49.9 1
- 11 **Callie Johnstone** ELCSS-Fonthill, 24:22.5 2
- 12 **Justine Warda** ESNF -Welland, 25:52.4 2
- 13 **Cora McGlynn** ELCSS-Fonthill, 26:44.0 2
- 14 **Kaitlyn Furtney** ELCSS-Fonthill, 29:02.9 2
- 15 **Amara Vlahos** ELCSS-Fonthill, 30:39.0 2
- 16 **Amelia Siolkowsky** ELCSS-Fonthill, 31:12.5 2

Team Scores

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Rank Team Total 1 2 3 4 5 place

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1 **E. L. Crossley** – total= 44 - 6 11 13 14 15 Total Time: 1:42:24.50 Average: 25:36.1

Men 4k Run CC Novice

Team Qualifiers

Individual

1	Maxwell Myers	ELCSS-Fonthill,	16:26.0
2	Jackson Sider	ELCSS-Fonthill,	16:30.4
3	Ryan Zucco	ELCSS-Fonthill,	17:57.3
4	Benjamin Hall	ELCSS-Fonthill,	18:07.5
5	Nick Deschamps	ESFN -Welland,	18:39.3
6	Samuel Venema	CSS-Welland,	18:49.8
7	Lucas Owens	ESJB-Welland,	19:18.3
8	Justin Eden	ELCSS-Fonthill,	19:26.3
9	Dylan Capra	ELCSS-Fonthill,	19:35.4
10	Gavin Robinson	ELCSS-Fonthill,	20:10.6
11	Johnny Kotsis	ELCSS-Fonthill,	21:28.2
12	Spencer Kennedy	WSS-Niagara Fall	24:21.6
13	Ajay Rathod	WSS-Niagara Fall,	30:04.7
14	Dane Lancaster	ELCSS-Fonthill,	31:21.1
15	Elie Skaf	ELCSS-Fonthill,	31:50.1

Team Scores Results - Men

Rank	Team	Total	1	2	3	4	*5
1	E. L. Crossley - Fonthill	Total=10:	1	2	3	4	*8
		Total Time: 1:09:01.20	Average: 17:15.30				

Women 5k Run CC Junior

Team Qualifiers

Individuals

Name	Year School	Finals
1 Kristina Etezadi	ANMSS-Niagara Fa,Ni	18:32.6
2 Madison Douma	ANMSS-Niagara Fa,Ni	21:44.3
3 Isabella Nguyen	CSS-Welland,Welland	22:39.0
4 Sarah Stacey	ELCSS-Fonthill,Font	23:46.8
5 Katarina Cebic	WSS-Niagara Fall,Ni	25:09.4
6 Alexx Hill	ELCSS-Fonthill,Font	26:08.1
7 Abbey Harris	ELCSS-Fonthill,Font	26:20.3
8 Nicki Goertz	CSS-Welland,Welland	26:55.4
9 Emma Sauer	CSS-Welland,Welland	26:57.1
10 Alexis Collins	ELCSS-Fonthill,Font	29:55.3
11 Ashlynn Banks	ELCSS-Fonthill,Font	31:34.9
12 Eva Wachel	PCHS-Port Colbor,Po	32:38.9
13 Lageera Chathechan	WSS-Niagara Fall,Ni	38:03.8

Team Scores Results - Women

Rank Team	Total	1	2	3	4	*5
1 E. L. Crossley - Fonthill	27	4	6	7	10	*11
Total Time:	1:46:10.50					
Average:	26:32.63					

Men 5k Run CC Junior

Team Qualifiers **E G P**

Individuals Qualifiers

1	Matthew Kleinsmith	ELCSS-Fonthill,Font	16:41.3	1
2	Sam Tonnies	PCHS-Port Colbor,Po	18:18.8	2
3	Kaden Shaw	ANMSS-Niagara Fa,Ni	18:34.6	3
4	Elijah Bayne	Niagara Coll,Fort E	18:55.6	4
5	Lucas Pronik	GFESS-Fort Erie,For	19:33.9	5
6	Isaac Zimmerman	GFESS-Fort Erie,For	20:09.7	6
7	Keagan Alexander	ELCSS-Fonthill,Font	20:25.6	7
8	Noah Gmoser	GFESS-Fort Erie,For	20:38.8	8
9	Jakub Fedak	ANMSS-Niagara Fa,Ni	21:00.7	9
10	Ethan Van Niekerk	ELCSS-Fonthill,Font	21:22.5	10
11	Lucas Riddle	ELCSS-Fonthill,Font	21:26.2	11
12	Nathaniel Birdsey	PCHS-Port Colbor,Po	21:36.4	12
13	Jake Coopman	GFESS-Fort Erie,For	21:55.6	13
14	Lucas denHollander	PCHS-Port Colbor,Po	22:15.4	14
15	Henry Knafelc	ELCSS-Fonthill,Font	22:59.3	15
16	Nathan Osorio	Niagara C.Coll,Ft. E	23:02.4	16
17	Matthew Lee	PCHS-Port Colbor,Po	25:02.7	17
18	Logan Dickie	PCHS-Port Colbor,Po	25:30.5	18
19	Yusuf Kartal	ELCSS-Fonthill,Font	25:44.1	19
20	Skyлар Schnitchen	GFESS-Fort Erie,For	30:16.2	20
21	Nicholas O'Donnell	SC-Niagara Falls,Ni	30:43.0	21
22	Karol Tiwa	ESJB-Welland,Wellan	30:57.6	22
--	Gavin Champagne	ESFN -Welland,Wella	DNF	

Men 5k Run CC Junior

Team Scores

Rank	Team	Total	1	2	3	4	*5
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1 E. L. Crossley - Fonthill 29 1 7 10 11 *15

Total Time: 1:19:55.60

Average: 19:58.90

2 Greater Fort Erie - Fort 32 5 6 8 13 *20

Total Time: 1:22:18.00

Average: 20:34.50

3 Port Colborne - Port Colb 45 2 12 14 17 18

Total Time: 1:27:13.30

Average: 21:48.33

Women 6k Run CC Senior

Name	Year School	Finals
1 Alexandra Nickel	ESJB-Welland,	25:36.3
2 Mia Nanini	ESJB-Welland,	26:15.2
3 Lauren Fennell	ELCSS-Fonthill,	26:38.9
4 Jade Boisvert	SC-Niagara Falls,	26:57.0
5 Sylvia Fedak	ANMSS-Niagara Fa,	30:16.0
6 Avery Ferguson	ESJB-Welland,	30:40.5
7 Maiya Bolibruck	ELCSS-Fonthill,	31:46.7
8 Mishele N'Goran	ANMSS-Niagara Fall	31:49.4
9 Ariella Donnelly	CSS-Welland,	32:10.0
10 Zoe Chan	Niagara C Coll,FE	32:25.1
11 Makenna Secord	ELCSS-Fonthill,	32:33.5
12 Olivia Riddle	ELCSS-Fonthill,	33:50.0
13 Hannah Kelly	SC-Niagara Falls,	34:42.4
14 Marissa Palmateer	ELCSS-Fonthill,	35:01.3
15 Emma Laur	PCHS-Port Colborne	35:08.0
16 Sophia Kelly	ANMSS-Niagara Fa,Ni	35:19.1
17 Emma Laszlok	SC-Niagara Falls,Ni	36:17.3
18 Jinja Shepherd	ELCSS-Fonthill,Font	37:09.1
19 Sarah Rice	ELCSS-Fonthill,Font	37:33.3
20 Alexa Osorio	Niagara Coll,Fort E	37:57.8
21 Valerie Ng	Niagara Coll,Fort E	38:48.0
22 Hannah Holmes	ELCSS-Fonthill,Font	45:05.6

Team Scores

Rank Team	Total	1	2	3	4	*5
1 E. L. Crossley - Fonthill	33	3	7	11	12	14
Total Time:	2:04:49.10	Average:	31:12.28			

Men 6k Run CC Senior

Name	School	Time	Points
1 Adam Kleinsmith	ELCSS-Fonthill	22:23.9	1
2 Hayden Molnar	ESJB-Welland	24:17.2	2
3 Samuel Jeffery	ELCSS-Fonthill	24:24.6	3
4 Calvin Barry	Robert Land Academy	24:32.8	4
5 Nathan Freure	ELCSS-Fonthill	25:07.6	5
6 Vincent Warda	ESFN -Welland	25:39.0	6
7 Jimmy Singh	Robert Land Academy	25:44.0	7
8 Jackson Quinn	Robert Land Academy	25:45.3	8
9 Saad Ashraf	ANMSS-Niagara Fa	25:46.2	9
10 Aakash Senthill	ELCSS-Fonthill	25:57.1	10
11 Fernando Rodriguez	CSS-Welland	27:06.6	12
12 Matteo Romano	CSS-Welland	27:17.1	13
13 Daniel Kim	Robert Land Academy	27:23.3	14
14 Paulo Cisneros Uribe	Robert Land Academy	28:08.0	15
15 Colin deRoos	ELCSS-Fonthill	28:22.1	16
16 Coll Campbell	SC-Niagara Falls	28:33.9	17
17 Vidhya Ramiah Petit	Robert Land Academy	28:43.6	18
18 Nova Gower	ESJB-Welland	29:25.4	19
19 Adam Repar	ELCSS-Fonthill	29:40.4	20
20 Justin Paquette	ELCSS-Fonthill	31:14.2	21
21 Fawaz Ayinla	Robert Land Academy	31:15.7	22
22 Quintin Brunning	ESJB-Welland	31:41.0	23
23 Ethan Liang	Robert Land Academy	37:59.6	24

Team Scores

Rank	Team	Total	1	2	3	4	*5
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1	E. L. Crossley - Fonthill	19	1	3	5	10	15
	Total Time:	1:37:53.20		Average:	24:28.30		
2	Robert Land Academy	33	4	7	8	13	14
	Total Time:	1:43:25.40		Average:	25:51.35		