

# NRHSAA BOYS' & GIRLS ALPINE (DOWN HILL) SKIING 2021 - 2022

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## 1. SEASON OF PLAY

SOSSA and OFSAA Alpine Skiing takes place in February and March.

## 2. EVENTS

The events to be conducted are as follows:

- |     |  |                     |
|-----|--|---------------------|
| i)  | High School and Open                                       |                     |
|     | Girls' Slalom  | Girls' Giant Slalom |
|     | Boys' Slalom   | Boys' Giant Slalom  |
| ii) | Para Division – to consist of the following classification |                     |
|     | Intellectual Impairment                                    | Visual Impairment   |
|     | Amputee Leg  | Amputee Arm         |
|     | Sit Ski  |                     |

## 3. ELIGIBILITY

OFSAA Co-educational Alpine Skiing is classified as a team sport.

**High School Team Racers:** Are school-trained athletes. They have **NO** ski league affiliation and race training, beyond the U-12 category.

**Open Team Racers:** Participants are those skiers who have ski league affiliation and race training, beyond the U-12 category.

To represent a school in any activity coordinated by the Federation, a school/team must conduct a 'bona fide' high school Alpine ski program consisting of a minimum of eight (8) school practice sessions of dry land and on-hill practices from November 1st until the OFSAA Championship, with a minimum of three (3) athletes participating, under the supervision of a teacher as certified by the school principal. There must be on-hill training with the school team. A ski race is not defined as a practice session.

A member of the current year provincial team is ineligible for OFSAA competition

**Athlete:** The individuals' birth certificate indicates that he/she has not reached his/her 19<sup>th</sup> birthday by January 1<sup>st</sup> prior to the start of the school year in which the competition is held.

### Definition of Team Members:

**High School** – Participants are school trained athletes. They have **NO** ski league affiliation race training, beyond the U-12 category.

**Open** – Participants are those skiers who have ski league affiliation and race training, beyond the U-12 category.

Each school may enter one (1) boys' team and one (1) girls' team in each of the Level I and Level II categories. A team consists of a minimum of three (3) and a maximum of five (5) athletes.

Schools may enter a maximum of five (5) individual athletes in each category in addition to their team lists.

## **4. ELIGIBILITY SHEETS**

Eligibility sheets must be received by the convener five (5) school days before the first meet. There are so few zone teams that these Zone teams automatically advance to SOSSA.

## **5. MEET AND CHAMPIONSHIP FORMAT**

Two (2) runs in each event shall be held (when possible) in each of the four (4) categories.

## **6. RULES**

- Any skier who is disqualified from the first (1<sup>st</sup>) run will **NOT** be allowed to do a second (2<sup>nd</sup>) run - no exceptions.
- OFSAA regulations will be followed.
- If a student/athlete did not finish or did not start, this negates a skier from the event.
- Unsportsmanlike conduct negates a skier from competition that day.
- Review of the course by sideslip or snow plowing only.
- Pre-skiing of the course will result in an automatic disqualification (D.Q.).

## **7. UNIFORM AND EQUIPMENT**

- Bib system will be used and visible at all times.
- Each skier will be assigned a number and must not change numbers or this will result in a DQ.
- All skiers must wear safety straps or ski brakes.
- CSA approved helmets are mandatory.

## **8. SCORING**

Team scores will be calculated by adding the best three (3) individual total scores for that team in Slalom **PLUS** the best three (3) individual total scores in Giant Slalom.

**NOTE:** These scores will come from the five (5) skiers identified by the coach on the registration (entry) form.

## **9. GENERAL POLICIES**

- Each coach shall take care of his/her own financial arrangements.
- Each team shall be accompanied by a coach all day.
- CSA approved helmets must be worn when racing.
- The convener has the right to remove any skier who is exhibiting poor behavior or sportsmanship or wearing inappropriate clothing.
- It is recommended that qualified First Aid personnel and equipment be available at the meet but coaches will provide all consumable medical supplies (ie tape, bandages, etc.) for their student/athletes.