

1. SEASON OF PLAY

Winter Season

2. LEVELS OF COMPETITION

Varsity Girls, Open

Varsity Boys, Open

3. ELIGIBILITY

A school may enter one (1) boys' team and one (1) girls' team. No A, AA, AAA classifications.

Any athlete participating in an OFSAA Championship or an OFSAA qualifying event must have participated as a member of a bona fide high school program during the current season under the supervision of a teacher-coach as certified by the school principal.

A bona fide school curling program consists of eight (8) weekly practice/games minimum, under the supervision of a teacher-coach.

Any number of students may be on each team. (As long as a student's name is on the eligibility sheet, he or she may play).

The individual's birth certificate indicates that he/she has not reached his/her 19th birthday by January 1st, prior to the start of the school year in which the competition is held.

4. ELIGIBILITY SHEETS

The eligibility sheets must be received by the Convener, forty-eight (48) hours **BEFORE** their first league game OR ANY TOURNAMENT that determines a Zone Champion.

5. GAME TIME

If there is a league, games will start at 3:00 pm, or will be contingent on ice time availability.

If there is a one day tournament starting times will be determined after the organization meeting held by the Convener.

6. REPORTING SCORES

The WINNING team will enter the score on the www.NRHSAA.ca website.

7. DEFAULTING A GAME

If a team does not show up thirty (30) minutes after the designated time for the start of the game, they default the game to the team that is there.

8. GAME FORFEITURES

The following policies are in place for game forfeitures:

- (1) Should a team forfeit a game with less than forty-eight (48) hours' notice, all costs associated with the game shall be charged to the forfeiting school.
- (2) Should a team forfeit a game, the forfeiting team will be given a loss as a result of the forfeit.
- (3) Should a team forfeit two (2) games during regular season play, the team shall be removed from the league and all points earned in games played against that team shall be removed from league standings.
- (4) A team that forfeits a game during the regular season loses all rights with regards to tie breaking procedures. (i.e. if the team is tied for third (3rd), the team will be relegated to fourth (4th) place).
- (5) A team that forfeits a playoff game shall also forfeit the right to play any further playoff games at the current or subsequent level of playoffs (i.e. when two (2) teams qualify for SOSA).

9. LEAGUE AND CHAMPIONSHIP FORMAT

The format for league play, play-offs and championships will be discussed at the Convener's Individual Sport Body Meeting. All schools participating are to send a representative to the Convener's Individual Sport Body Meeting otherwise forfeit all **rights for input** in the League and Championship format.

Any game / match not played will be recorded by the convener as a win for the school who did not forfeit.

In team sports where standings are used to determine play-offs, the win/loss achieved against teams that drop out will be taken away (not added) to teams that are still yet to play them.

10. GENERAL POLICIES FOR NRHSAA LEAGUE PLAY

- a) The coach or designated person must be present during the entire game.
- b) Coaching is allowed at the conclusion of the third (3rd) end. (League play)
- c) Each regular season game is six (6) ends. Two (2) - one (1) minute time outs are permitted.
- d) Tie games are to be broken by playing a half-end (each player throws one (1) rock only).
(Only if time allows – otherwise the result remains a tie).
- e) Four (4) players must begin each game. One (1) substitution is allowed during a game.
- f) Vices are to measure rocks.
- g) Proper dress is required at all clubs. It is up to the school coach to ensure that this policy is upheld. Proper curling attire is that accepted by Club and International competition, or school uniforms. In the case of curling, this shall consist of curling pants / kilts with matching tops / jackets in their school colors. Tops should not be low cut and jeans are not permitted.
- h) The convener has the right to remove any player who is exhibiting poor behavior or sportsmanship or wearing inappropriate clothing.
- i) Curling clubs will charge a fee for ice time.
- j) As of November 2018, OFSAA curling will follow the five (5) rock rule.
- k) As of November 2018, the following rules will apply to brooms:
 1. No hard inserts or foil
 2. No exchanging of brooms
 3. No corn hair brooms except for delivery

11. GENERAL POLICIES FOR NRHSAA PLAY-OFFS

- a) Before the warm-up begins, the two (2) vice skips flip a coin; the winner has the choice of hammer or rock color.
- b) The loser of the flip gets the opposite.
- c) The "hammer" warms-up first and the "rock color" second on the sheet of ice that they will be playing on.
- d) There will be a seven (7) minute warm up.
- e) If a team receives a bye before the first (1st) game; they will have a seven (7) minute warm-up on a "non-playing" sheet of ice before their (1st) game.

Note: The other team does not get the warm-up privilege.

- f) Four (4) players must start the first game. After that, they may continue with three (3) players if they do not have an available fifth (5th) player.
- g) If during a game, a player (and only 1 player) cannot continue, then the lead and/or second and/or the third throws three (3) rocks each and the skip throws two (2) per end.
- h) After the fourth (4th) end there will be a five (5) minute break. Coaches can be part of the break.
- i) There can be two (2) – one (1) minute time outs/team/eight (8) ends; PLAYERS MUST STAY ON THE ICE SURFACE.
- j) If the game goes to EXTRA ENDS, there will be a three (3) MINUTE break before the extra ends begin. There can be a one (1) minute time out/team in the extra end.

12. ZONE ADVANCEMENT TO THE SOSSA COMPETITION

One boys' team and 1 girls' team will advance to SOSSA.