

2018 ZONE 3 Championship Meet
Niagara Olympic Club

Results

Women 100 Meter Dash Midget

Zone 3: 12.91 2013-05-14 Alexis Brenzil

Name	School	Prelims
Preliminaries		
1	Karah Bannon	Gfess 13.62Q
2	Taryn Mitchell	Elcss-Fonthill 13.75Q
3	Abigale Acheampong	Smhs-Niagara Fa 13.91Q
4	Nadia Austin	Anmss-Niagara Fa 13.73Q
5	Norah Burns	Elcss-Fonthill 14.34Q
6	Ify Mbah	Smhs-Niagara Fa 14.66Q
7	Mya Newton	Elcss-Fonthill 14.76q
8	Alessia Price	Anmss-Niagara Fa 14.93q
9	Ashtyn Caldwell	Css-Welland 15.02
10	Jordan Ballantyne	Pchs-Port Colbor 15.29
11	Elizabeth Beach	Css-Welland 15.35
12	Emily Sergas	Ndc-Welland 15.41
13	Emily Hamman	Ndc-Welland 15.76
14	Sherna Jean-Charles	Esc-Welland 16.08
14	Kyla Helder	Css-Welland 16.08
16	Adelle Elefante	Ndc-Welland 16.26
17	Kaili Williams	Sphs-Niagara Fa 18.14

Women 100 Meter Dash Midget

Zone 3: 12.91 2013-05-14 Alexis Brenzil

Name	School	Finals
Finals		
1	Taryn Mitchell	Elcss-Fonthill 13.30
2	Karah Bannon	Gfess 13.34
3	Nadia Austin	Anmss-Niagara Fa 13.43
4	Abigale Acheampong	Smhs-Niagara Fa 13.50
5	Norah Burns	Elcss-Fonthill 13.96
6	Ify Mbah	Smhs-Niagara Fa 14.30
7	Mya Newton	Elcss-Fonthill 14.55

Women 200 Meter Dash Midget

Zone 3: 27.11 2011-05-10 Nicole Luciano

Name	School	Finals
Finals		
1	Taryn Mitchell	Elcss-Fonthill 27.86
2	Katelyn Romano	Css-Welland 29.01
3	Eden Vince	Css-Welland 29.82
4	Alessia Price	Anmss-Niagara Fa 30.17
5	Elizabeth Beach	Css-Welland 31.01
6	Jordan Ballantyne	Pchs-Port Colbor 31.16
7	Emily Sergas	Ndc-Welland 31.93
7	Ify Mbah	Smhs-Niagara Fa 31.93
9	Kyla Helder	Css-Welland 32.49
10	Nicole Eves	Gfess 36.52

Women 400 Meter Dash Midget

Zone 3: 1:02.37 2015-05-14 Jessie Fennell

Name	School	Finals
Finals		
1	Katelyn Romano	Css-Welland 1:04.21
2	Alison O'Connor	Elcss-Fonthill 1:07.85

3	Alessia Price	Anmss-Niagara Fa 1:10.08
4	Emily Sergas	Ndc-Welland 1:11.57
5	Alexa Massey	Elcss-Fonthill 1:18.45

Women 800 Meter Run Midget

Zone 3: 2:27.97 2015-05-14 Cate Gualtieri

Name	School	Finals
Finals		
1	Lauren Knafelc	Elcss-Fonthill 2:41.60
2	Maria Abril	Esjv-Welland 2:46.52
3	Lexie Rowe	Lchs-Port Colbou 3:35.04

Women 1500 Meter Run Midget

Zone 3: 5:10.99 2009-05-12 Alannah MacDonald

Name	School	Finals
Finals		
1	Alissa Mete	Ndc-Welland 5:22.24
2	Tessa Jeffery	Elcss-Fonthill 5:33.22
3	Lauren Knafelc	Elcss-Fonthill 5:43.95
4	Maria Abril	Esjv-Welland 5:53.57
5	Melissa Mott	Lchs-Port Colbou 6:20.90
6	Lexie Rowe	Lchs-Port Colbou 6:39.48

Women 3000 Meter Run Midget

Zone 3: 11:19.86 2018-05-14 Alissa Mete

Name	School	Finals
Finals		
1	Alissa Mete	Ndc-Welland 11:19.86
2	Tessa Jeffery	Elcss-Fonthill 11:23.54
3	Melissa Mott	Lchs-Port Colbou 14:26.03

Women 80 Meter Hurdles Midget

Zone 3: 12.69 2016-05-10 Sarah Saldutto

Name	School	Finals
Finals		
1	Alika Elliott	Smhs-Niagara Fa 12.83
2	Karah Bannon	Gfess 13.50
3	Nadia Austin	Anmss-Niagara Fa 13.63
4	Mya Newton	Elcss-Fonthill 14.51
5	Eden Vince	Css-Welland 16.30
6	Sydney Doussept	Elcss-Fonthill 18.71
7	Kylee Ring	Elcss-Fonthill 21.70
---	Abigale Phillips	Ndc-Welland DQ
---	Fatima Farhan	Anmss-Niagara Fa DQ

Women 300 Meter Hurdles Midget

Zone 3: 49.85 2017-05-09 Sofia Labricciosa

Name	School	Finals
Finals		
1	Alissa Mete	Ndc-Welland 51.31
2	Eden Vince	Css-Welland 52.22
3	Molly Devereux	Gfess 53.88
4	Alison O'Connor	Elcss-Fonthill 53.92
5	Sydney Doussept	Elcss-Fonthill 1:02.11
6	Abby Donofrio	Css-Welland 1:05.65

2018 ZONE 3 Championship Meet
Niagara Olympic Club
Results

Women 4x100 Meter Relay Midget

Zone 3: 53.14 2008-05-13E. L. Crossley S S

E Gearing, K Kalchman, M Kohli, H Reid

Team	Relay	Finals
Finals		
1 Elcss-Fonthill		54.58
1) Taryn Mitchell	2) Mya Newton	
3) Alison O'Connor	4) Norah Burns	
2 Ndc-Welland		57.65
1) Alissa Mete	2) Emily Sergas	
3) Emily Hamman	4) Abigale Phillips	
--- Centennial - Welland		DQ

Women High Jump Midget

Zone 3: 1.70m 2012-05-15Shyla Cardy

Name	School	Finals
Finals		
1 Karah Bannon	Gfess	1.56m
2 Gwen Cudmore	Elcss-Fonthill	1.53m
3 Ashtyn Caldwell	Css-Welland	1.35m
4 Jayden Pelletier	Elcss-Fonthill	1.30m
5 Fatima Farhan	Anmss-Niagara Fa	1.25m
6 Emma Fyfe	Elcss-Fonthill	1.20m
7 Grace Melnick	Anmss-Niagara Fa	1.15m

Women Pole Vault Midget

Zone 3: 2.80m 2016-05-10Maya Fetic

Name	School	Finals
Finals		
1 Jayden Pelletier	Elcss-Fonthill	2.10m
2 Emma Fyfe	Elcss-Fonthill	1.80m
3 Molly Hildebrandt	Elcss-Fonthill	1.70m
4 Kylee Ring	Elcss-Fonthill	1.50m

Women Long Jump Midget

Zone 3: 5.02m 2016-05-10Sarah Saldutto

Name	School	Finals
Finals		
1 Nadia Austin	Anmss-Niagara Fa	4.99m
2 Abigale Acheampong	Smhs-Niagara Fal	4.83m
3 Katelyn Romano	Css-Welland	4.66m
4 Norah Burns	Elcss-Fonthill	4.54m
5 Mya Newton	Elcss-Fonthill	4.49m
6 Ella Galas	Gfess	4.42m
7 Alik Elliott	Smhs-Niagara Fal	4.33m
8 Abby Donofrio	Css-Welland	4.19m
9 Sherna Jean-Charles	Esc-Welland	4.06m
10 Ashtyn Caldwell	Css-Welland	4.04m
11 Emily Hamman	Ndc-Welland	3.91m
12 Molly Hildebrandt	Elcss-Fonthill	3.84m
13 Brianna VanderMeer	Niagara Coll	3.62m
14 Jimin Lee	Css-Welland	3.51m

Women Triple Jump Midget

Zone 3: 10.87m 2012-05-15Kylie Butler

Name	School	Finals
Finals		
1 Gwen Cudmore	Elcss-Fonthill	9.58m
2 Alison O'Connor	Elcss-Fonthill	9.57m
3 Abby Donofrio	Css-Welland	9.38m
4 Molly Hildebrandt	Elcss-Fonthill	9.20m
5 Ella Galas	Gfess	9.10m
6 Alexa Massey	Elcss-Fonthill	8.74m
7 Jimin Lee	Css-Welland	8.71m
8 Brianna VanderMeer	Niagara Coll	8.60m
9 Ify Mbah	Smhs-Niagara Fal	8.29m

Women Shot Put Midget

Zone 3: 15.99m 2015-05-14Trinity Tutti

Name	School	Finals
Finals		
1 Sierra Skotniski	Css-Welland	11.26m
2 Carly Faulds	Elcss-Fonthill	7.80m
3 Cassandra Little	Elcss-Fonthill	6.30m
4 Kaili Williams	Sphs-Niagara Fal	4.89m

Women Discus Throw Midget

Zone 3: 41.93m 2015-05-14Trinity Tutti

Name	School	Finals
Finals		
1 Sierra Skotniski	Css-Welland	33.07m
2 Kaylie Wright	Css-Welland	17.17m
3 Carly Faulds	Elcss-Fonthill	14.10m

Women Javelin Throw Midget

Zone 3: 35.44m 2015-05-14Trinity Tutti

Name	School	Finals
Finals		
1 Carly Faulds	Elcss-Fonthill	22.13m
2 Sierra Skotniski	Css-Welland	20.48m
3 Grace Melnick	Anmss-Niagara Fa	18.49m
4 Jimin Lee	Css-Welland	18.06m
5 Kaylie Wright	Css-Welland	14.90m
6 Cassandra Little	Elcss-Fonthill	14.56m
7 Melissa Mott	Lchs-Port Colbou	11.22m

Women 100 Meter Dash Junior

Zone 3: 12.82 2015-05-14Kendra Leger

Name	School	Prelims
Preliminaries		
1 Grace Teal	Elcss-Fonthill	13.66Q
2 Nina Shaikh	Anmss-Niagara Fa	13.69Q
3 Jordyn Devries	Anmss-Niagara Fa	14.10Q
4 Emma Kalailieff	Elcss-Fonthill	14.78Q
5 Heather Buller	Esjv-Welland	15.22Q
6 Rae Peel	Sphs-Niagara Fal	16.13Q

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Women 100 Meter Dash Junior

Zone 3: 12.82 2015-05-14Kendra Leger

Name	School	Finals
Finals		
1 Grace Teal	Elcss-Fonthill	13.66
2 Nina Shaikh	Anmss-Niagara Fa	13.69
3 Jordyn Devries	Anmss-Niagara Fa	14.10
4 Emma Kalailieff	Elcss-Fonthill	14.78
5 Heather Buller	Esjv-Welland	15.22
6 Rae Peel	Sphs-Niagara Fal	16.13

Women 200 Meter Dash Junior

Zone 3: 25.30 2004-05-11Cara Marcantonio

Name	School	Finals
Finals		
1 Grace Teal	Elcss-Fonthill	28.26
2 Jordyn Devries	Anmss-Niagara Fa	28.48
3 Nina Shaikh	Anmss-Niagara Fa	28.57
4 Rae Peel	Sphs-Niagara Fal	39.60

Women 400 Meter Dash Junior

Zone 3: 1:01.99 2016-05-10Jessie Fennell

Name	School	Finals
Finals		
1 Sofia Labricciosa	Elcss-Fonthill	1:04.40

Women 800 Meter Run Junior

Zone 3: 2:24.62 2009-05-12Karley Rempel

Name	School	Finals
Finals		
1 Brenna Ainslie	Wss-Niagara Fall	2:31.52
2 Lauren Macsai	Lchs-Port Colbou	2:44.52
3 Susan Santillan	Lchs-Port Colbou	2:54.79
4 Jessica Acaster	Css-Welland	2:56.05

Women 1500 Meter Run Junior

Zone 3: 4:54.51 2013-05-14Simone Waller

Name	School	Finals
Finals		
1 Brenna Ainslie	Wss-Niagara Fall	5:39.11
2 Cori Macsai	Lchs-Port Colbou	6:02.96
3 Jessica Acaster	Css-Welland	6:10.22
4 Susan Santillan	Lchs-Port Colbou	6:17.60
5 Kaitlin Clarke	Smhs-Niagara Fal	6:27.10
6 Julia Garisto	Sphs-Niagara Fal	6:31.78

Women 3000 Meter Run Junior

Zone 3: 11:18.92 2012-05-15Kristen Kuhn

Name	School	Finals
Finals		
1 Lauren Macsai	Lchs-Port Colbou	12:38.04
2 Cori Macsai	Lchs-Port Colbou	12:57.71
3 Jessica Acaster	Css-Welland	14:16.14

Women 80 Meter Hurdles Junior

Zone 3: 11.92 2017-05-09Sarah Saldutto

Name	School	Finals
Finals		
1 Sydney Grummett	Elcss-Fonthill	15.26

Women 300 Meter Hurdles Junior

Zone 3: 47.70 2014-05-13Makiah Hunt

Name	School	Finals
Finals		
1 Megan Louws	Gfess	52.38
2 Sydney Grummett	Elcss-Fonthill	54.18
3 Sommer Newton	Elcss-Fonthill	54.36

Women 4x100 Meter Relay Junior

Zone 3: 51.83 2015-05-14Notre Dame College - Welland

K Sadlo, C Obdeyn, L Frasca, K Leger

Team	Relay	Finals
Finals		
1 Anmss-Niagara Fa		52.48
	1) Nina Shaikh	2) Alessia Price
	3) Jordyn Devries	4) Nadia Austin
2 Elcss-Fonthill		52.93
	1) Sydney Grummett	2) Grace Teal
	3) Emma Kalailieff	4) Sofia Labricciosa

Women High Jump Junior

Zone 3: 1.65m 2013-05-14Shyla Cardy

Name	School	Finals
Finals		
1 Sommer Newton	Elcss-Fonthill	1.40m
2 Zykira Henderson	Ess-Welland	1.15m

Women Pole Vault Junior

Zone 3: 3.30m 2014-05-13Makiah Hunt

Name	School	Finals
Finals		
1 Sydney Grummett	Elcss-Fonthill	1.80m

Women Long Jump Junior

Zone 3: 5.32m 2017-05-09Sarah Saldutto

Name	School	Finals
Finals		
1 Sommer Newton	Elcss-Fonthill	4.66m
2 Madison Coleman	Pchs-Port Colbor	4.52m
3 Jordyn Devries	Anmss-Niagara Fa	4.50m
4 Megan Louws	Gfess	4.49m
4 Grace Teal	Elcss-Fonthill	4.49m
6 Igbagdo Ajagunna	Niagara Coll	4.21m
7 Makayla Sahs Bandy	Gfess	4.18m
8 Zykira Henderson	Ess-Welland	4.14m
9 Madysen Smith	Elcss-Fonthill	3.74m
10 Deanna Donnelly	Pchs-Port Colbor	3.54m
11 Isabelle Sinclair	Esjv-Welland	3.37m

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Women Shot Put Junior

Zone 3: 16.10m 2016-05-10 Trinity Tutti

Name	School	Finals
Finals		
1 Beth Hunter-French	Anmss-Niagara Fa	10.41m
2 Theodora Mollicone	Gfess	10.37m
3 Madison Coleman	Pchs-Port Colbor	9.57m
4 Savannah Richardson	Css-Welland	8.85m
5 Rheannon Locky	Esc-Welland	8.64m
6 Deanna Donnelly	Pchs-Port Colbor	8.11m
7 Kaylin Loeb	Ess-Welland	8.04m
8 Mackenzie Furry	Pchs-Port Colbor	6.22m

Women Discus Throw Junior

Zone 3: 45.27m 2016-05-10 Trinity Tutti

Name	School	Finals
Finals		
1 Savannah Richardson	Css-Welland	27.50m
2 Danielle Larocque	Gfess	25.56m
3 Juilanne Bowles	Gfess	21.84m
4 Makayla Sahs Bandy	Gfess	21.81m
5 Kaitlin Clarke	Smhs-Niagara Fal	14.40m

Women Javelin Throw Junior

Zone 3: 37.22m 2014-05-13 Alexis Brenzil

Name	School	Finals
Finals		
1 Juilanne Bowles	Gfess	22.78m
2 Kaylin Loeb	Ess-Welland	22.65m
3 Madysen Smith	Elcss-Fonthill	21.38m
4 Theodora Mollicone	Gfess	21.31m
5 Cori Macsai	Lchs-Port Colbou	20.56m
6 Rheannon Locky	Esc-Welland	19.56m
7 Susan Santillan	Lchs-Port Colbou	18.78m

Women 100 Meter Dash Senior

Zone 3: 12.22 2017-05-09 Kendra Leger

Name	School	Prelims
Preliminaries		
1 Sarah Saldutto	Ndc-Welland	13.26Q
2 Olivia Chen	Wss-Niagara Fall	13.50Q
3 Emily Iudiciani	Anmss-Niagara Fa	13.74Q
4 Monika Orsini	Anmss-Niagara Fa	14.14Q
5 Payton Midgley	Gfess	14.23Q
6 Sara Ferro	Sphs-Niagara Fal	14.29Q
7 Kaileigh Smith	Elcss-Fonthill	14.49q
8 Hannah Hong	Anmss-Niagara Fa	14.84q
9 Michaela Parker	Sphs-Niagara Fal	15.64
10 Geana Szockyj	Ndc-Welland	16.91

Women 100 Meter Dash Senior

Zone 3: 12.22 2017-05-09 Kendra Leger

Name	School	Finals
Finals		
1 Sarah Saldutto	Ndc-Welland	12.95
2 Olivia Chen	Wss-Niagara Fall	13.31

3 Emily Iudiciani	Anmss-Niagara Fa	13.40
4 Monika Orsini	Anmss-Niagara Fa	13.86
5 Payton Midgley	Gfess	13.89
6 Sara Ferro	Sphs-Niagara Fal	14.09
7 Kaileigh Smith	Elcss-Fonthill	14.35
8 Hannah Hong	Anmss-Niagara Fa	14.52

Women 200 Meter Dash Senior

Zone 3: 25.43 2016-05-10 Kendra Leger

Name	School	Finals
Finals		
1 Alexandra Hebert	Esjv-Welland	27.81
2 Olivia Chen	Wss-Niagara Fall	27.90
3 Emily Iudiciani	Anmss-Niagara Fa	28.36
4 Monika Orsini	Anmss-Niagara Fa	28.72
5 Kaileigh Smith	Elcss-Fonthill	29.82
6 Jennifer VanSchyndel	Css-Welland	31.29
7 Amelia McNamee	Gfess	31.69

Women 400 Meter Dash Senior

Zone 3: 59.91 2009-05-12 Mariah Kelly

Name	School	Finals
Finals		
1 Rosie Tait	Anmss-Niagara Fa	1:04.22
2 Shelby Wilson	Anmss-Niagara Fa	1:12.39
3 Kira Tarasuk	Elcss-Fonthill	1:15.05
--- Paige Taylor	Css-Welland	DNF

Women 800 Meter Run Senior

Zone 3: 2:17.43 2010-05-11 Mariah Kelly

Name	School	Finals
Finals		
1 Jessie Fennell	Elcss-Fonthill	2:23.22
2 Kayleigh Bush	Anmss-Niagara Fa	2:27.04
3 Cate Gualtieri	Elcss-Fonthill	2:28.90
4 Taylor Nicholls	Sphs-Niagara Fal	2:35.15
5 Margaret Taras	Lchs-Port Colbou	2:48.54
6 Paige Taylor	Css-Welland	2:52.06
7 Shelby Wilson	Anmss-Niagara Fa	2:52.17
8 Hannah Hong	Anmss-Niagara Fa	2:58.19
9 Megan Helmecci	Sphs-Niagara Fal	3:01.75
10 Kira Tarasuk	Elcss-Fonthill	3:10.09

Women 1500 Meter Run Senior

Zone 3: 4:55.31 2010-05-11 Michelle Molodynia

Name	School	Finals
Finals		
1 Jessie Fennell	Elcss-Fonthill	5:04.89
2 Kayleigh Bush	Anmss-Niagara Fa	5:13.53
3 Cate Gualtieri	Elcss-Fonthill	5:30.47
4 Taylor Nicholls	Sphs-Niagara Fal	5:33.38
5 Margaret Taras	Lchs-Port Colbou	5:54.77
6 Megan Helmecci	Sphs-Niagara Fal	6:21.38

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Women 3000 Meter Run Senior

Zone 3: 10:41.83 2013-05-14Kristen Kuhn

Name	School	Finals
Finals		
1 Kate Knafelc	Elcss-Fonthill	10:52.41
2 Larissa Adamo	Anmss-Niagara Fa	1:28.42
3 Olivia Diodati	Sphs-Niagara Fal	14:55.19

Women 100 Meter Hurdles Senior

Zone 3: 14.64 2015-05-14Emma Nero

Name	School	Finals
Finals		
1 Sarah Saldutto	Ndc-Welland	17.13
2 Jennifer VanSchyndel	Css-Welland	18.25
3 Grace Garner	Css-Welland	19.08
4 Emilie Hamilton	Elcss-Fonthill	19.17
5 Sarah Bernier	Elcss-Fonthill	19.35
6 Fallon Lodde	Elcss-Fonthill	19.37
7 Marissa Giammarco	Elcss-Fonthill	21.43

Women 400 Meter Hurdles Senior

Zone 3: 1:06.73 2016-05-10Alanna Peplinski

Name	School	Finals
Finals		
1 Rosie Tait	Anmss-Niagara Fa	1:14.82
2 Emilie Hamilton	Elcss-Fonthill	1:17.13
3 Grace Garner	Css-Welland	1:17.57
4 Jennifer VanSchyndel	Css-Welland	1:20.97
5 Amelia McNamee	Gfess	1:25.12
6 Marissa Giammarco	Elcss-Fonthill	1:27.96

Women 4x100 Meter Relay Senior

Zone 3: 51.56 2014-05-13Centennial - Welland

E Nero, K Reaker, A Brenzil, A Rodrigues

Team	Relay	Finals
Finals		
1 Elcss-Fonthill		53.37
1) Kaileigh Smith	2) Audrey Morrison	
3) Emilie Hamilton	4) Jessie Fennell	
2 Anmss-Niagara Fa		53.95
1) Hannah Hong	2) Monika Orsini	
3) Sofia Allen	4) Emily Iudiciani	
3 Gfess		54.08
1) Payton Midgley	2) Madison Ferrara	
3) Olivia Galas	4) Makayla Sahs Bandy	
4 Sphs-Niagara Fal		57.45
1) Rae Peel	2) Taylor Nicholls	
3) Michaela Parker	4) Sara Ferro	
5 Niagara Coll		59.77
1) Abi Adesola	2) Tiffany Cheung	
3) Brianna VanderMeer	4) Igbagdo Ajagunna	

Women High Jump Senior

Zone 3: 1.73m 2004-05-11Leanne Pare

Name	School	Finals
Finals		
1 Emma Wright	Css-Welland	1.45m

Women Pole Vault Senior

Zone 3: 3.50m 2016-05-10Makiah Hunt

Name	School	Finals
Finals		
1 Maya Fetic	Anmss-Niagara Fa	2.70m
2 Hailey Bronn	Elcss-Fonthill	2.40m
3 Amy Gilmore	Elcss-Fonthill	2.20m
4 Emilie Hamilton	Elcss-Fonthill	2.00m
5 Katey Briggs	Elcss-Fonthill	1.20m

Women Long Jump Senior

Zone 3: 5.48m 2017-05-09Charlie Poretti

Name	School	Finals
Finals		
1 Sarah Saldutto	Ndc-Welland	5.10m
2 Audrey Morrison	Elcss-Fonthill	4.99m
3 Jordyn Goins	Pchs-Port Colbor	4.74m
4 Olivia Galas	Gfess	4.59m
5 Sarah Bernier	Elcss-Fonthill	4.31m
6 Kaja-Lee Jones	Sc-Niagara Falls	4.21m
7 Fallon Lodde	Elcss-Fonthill	3.99m
8 Tiffany Cheung	Niagara Coll	3.91m
9 Geana Szockyj	Ndc-Welland	3.44m
10 Hannah Hong	Anmss-Niagara Fa	3.33m

Women Triple Jump Senior

Zone 3: 10.94m 2018-05-14Audrey Morrison

Name	School	Finals
Finals		
1 Audrey Morrison	Elcss-Fonthill	10.94m
2 Daina Thompson	Ess-Welland	10.27m
3 Madison Ferrara	Gfess	10.07m
4 Jordyn Goins	Pchs-Port Colbor	9.95m

Women Shot Put Senior

Zone 3: 13.76m 2018-05-14Trinity Tutti

Name	School	Finals
Finals		
1 Trinity Tutti	Ess-Welland	13.76m
2 Jessica Dion	Gfess	8.89m
3 Destiny Paquin	Css-Welland	8.43m
4 Mattaya Hamer	Gfess	8.03m
5 Jennifer Kozelj	Pchs-Port Colbor	7.63m
6 Emma Collee	Sphs-Niagara Fal	7.53m
7 Ceara Johnson	Sphs-Niagara Fal	7.37m
8 Abby MacKinnon	Sc-Niagara Falls	6.66m
9 Kelsey Gingras	Sphs-Niagara Fal	5.74m
10 Taylor Linwood	Sphs-Niagara Fal	5.46m
--- Avery-Lynn Shannon	Sc-Niagara Falls	DQ

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Women Discus Throw Senior

Zone 3: 52.25m 2018-05-14 Trinity Tutti

Name	School	Finals
Finals		
1 Trinity Tutti	Ess-Welland	52.25m
2 Destiny Paquin	Css-Welland	27.23m
3 Addie Hambly	Css-Welland	26.58m
4 Jessica Dion	Gfess	25.20m
5 Mattaya Hamer	Gfess	23.36m
6 Jade Weaver	Pchs-Port Colbor	22.86m
7 Ashley Gibson	Ess-Welland	21.20m
8 Jennifer Kozelj	Pchs-Port Colbor	21.12m
9 Emily Babyak	Css-Welland	19.85m

Women Javelin Throw Senior

Zone 3: 40.04m 2017-05-09 Kambrie Luciani

Name	School	Finals
Finals		
1 Jacobi Oskam	Pchs-Port Colbor	24.98m
2 Mayla Mayer	Anmss-Niagara Fa	24.34m
3 Cieara Johnson	Sphs-Niagara Fal	19.51m
4 Emily Babyak	Css-Welland	17.81m
5 Fallon Lodde	Elcss-Fonthill	17.26m
6 Sara Ferro	Sphs-Niagara Fal	14.16m
--- Margaret Taras	Lchs-Port Colbou	DQ

Women 1500 Meter Steeplechase Open

Zone 3: 5:45.00 2004-05-11 Chelsea Rodriguez

Name	School	Finals
Finals		
1 Kate Knafelc	Elcss-Fonthill	6:02.81
2 Sydney Doussept	Elcss-Fonthill	7:07.80
--- Hollie Warkentin	Gfess	DNF

Women 4x400 Meter Relay Open

Zone 3: 4:19.68 2018-05-14 E. L. Crossley - Fonthill

S Labricciosa, C Gualtieri, L Knafelc, J Fennell

Team	Relay	Finals
Finals		
1 Elcss-Fonthill		4:19.68
1) Sofia Labricciosa	2) Cate Gualtieri	
3) Kate Knafelc	4) Jessie Fennell	
2 Anmss-Niagara Fa		4:30.02
1) Larissa Adamo	2) Kayleigh Bush	
3) Shelby Wilson	4) Rosie Tait	

Women 100 Meter Dash Intellectual

Zone 3: 16.02 2016-05-10 Julianne Misk

Name	School	Finals
Finals		
1 Precious Nugent	Ndc-Welland	21.62

Women Shot Put Para Shot Pu Intellectual

Name	School	Finals
Finals		
1 Precious Nugent	Ndc-Welland	1.00m

Men 100 Meter Dash Midget

Zone 3: 11.65 2015-05-14 Ethan Pasco

Name	School	Prelims
Preliminaries		
1 Thomas Brooks	Sphs-Niagara Fal	12.39Q
2 Krish-Marc Michel	Lchs-Port Colbou	12.41Q
3 Griffin Vaughan	Lchs-Port Colbou	12.47Q
4 Noah Carl	Css-Welland	12.87Q
5 Mason Arbic	Gfess	12.90Q
6 Lukas Bartok	Esjv-Welland	13.11Q
7 Matthew Protulipac	Anmss-Niagara Fa	12.88q
8 Michael Cowan	Ess-Welland	12.92q
9 Sam Nawrocki	Elcss-Fonthill	13.16
10 Tal Ibrahim	Sphs-Niagara Fal	13.17
11 Peter Nazaire	Lchs-Port Colbou	13.36
12 Dylan DeVinney	Css-Welland	13.48
13 Hunter Brown	Ndc-Welland	13.58
14 Joshua Boily	Esjv-Welland	13.79
15 Jacob Martin	Elcss-Fonthill	13.83
16 Corey Parker	Sphs-Niagara Fal	13.85
17 Hayden Fretz	Niagara Coll	15.03

Men 100 Meter Dash Midget

Zone 3: 11.65 2015-05-14 Ethan Pasco

Name	School	Finals
Finals		
1 Thomas Brooks	Sphs-Niagara Fal	12.19
2 Krish-Marc Michel	Lchs-Port Colbou	12.31
3 Noah Carl	Css-Welland	12.69
4 Mason Arbic	Gfess	12.77
5 Matthew Protulipac	Anmss-Niagara Fa	13.04
6 Michael Cowan	Ess-Welland	13.10
7 Lukas Bartok	Esjv-Welland	13.71
--- Griffin Vaughan	Lchs-Port Colbou	DQ

Men 200 Meter Dash Midget

Zone 3: 23.90 2007-05-15 Jahmal Loungs

Name	School	Finals
Finals		
1 Thomas Brooks	Sphs-Niagara Fal	24.92
2 Krish-Marc Michel	Lchs-Port Colbou	25.55
3 Mason Arbic	Gfess	25.83
4 Dominic McIntosh	Css-Welland	26.77
5 Nathan Lefebvre	Anmss-Niagara Fa	26.85
6 Sam Nawrocki	Elcss-Fonthill	26.95
7 Tal Ibrahim	Sphs-Niagara Fal	27.04
8 Matthew Protulipac	Anmss-Niagara Fa	28.15
9 Corey Parker	Sphs-Niagara Fal	28.38
10 Hunter Brown	Ndc-Welland	28.43
11 Jacob Martin	Elcss-Fonthill	28.74
12 Joshua Boily	Esjv-Welland	28.77
13 David Osorio	Niagara Coll	31.24
14 Hayden Fretz	Niagara Coll	32.83

2018 ZONE 3 Championship Meet
Niagara Olympic Club

Results

Men 400 Meter Dash Midget

Zone 3: 55.56 2012-05-15 Sam Fennell

Name	School	Finals
Finals		
1 Dominic McIntosh	Css-Welland	56.63
2 Michael Cowan	Ess-Welland	57.23
3 Blake Train	Gfess	58.45
4 Michael Gravelle	Sphs-Niagara Fa	1:00.30
5 Jackson Louws	Gfess	1:02.91
6 Alexander Cowen	Anmss-Niagara Fa	1:03.35
7 Matthew Protulipac	Anmss-Niagara Fa	1:03.83
8 Patrick Fidler	Elcss-Fonthill	1:09.19

Men 800 Meter Run Midget

Zone 3: 2:10.29 2015-05-14 Brock Deba

Name	School	Finals
Finals		
1 Colton Sawatzky	Elcss-Fonthill	2:22.35
2 Dylan Dumas	Sphs-Niagara Fa	2:26.14
3 Alexander Walters	Anmss-Niagara Fa	2:27.89
4 Emile Zanuttini	Elcss-Fonthill	2:30.49
5 Owen Kelley	Gfess	2:32.97
6 David J. Gillies	Lchs-Port Colbou	3:03.86

Men 1500 Meter Run Midget

Zone 3: 4:27.42 2016-05-10 Santiago Gaitan

Name	School	Finals
Finals		
1 Adam Woehl	Gfess	4:40.41
2 Colton Sawatzky	Elcss-Fonthill	4:49.95
3 Alexander Walters	Anmss-Niagara Fa	4:58.32
4 Emile Zanuttini	Elcss-Fonthill	5:06.26
5 Sam Nawrocki	Elcss-Fonthill	5:07.02
6 Nathan Lefebvre	Anmss-Niagara Fa	5:10.55
7 Owen Kelley	Gfess	5:17.34
8 Joseph Wainwright	Esjv-Welland	5:40.24
9 Isaac Pasma	Elcss-Fonthill	6:13.87
10 David J. Gillies	Lchs-Port Colbou	6:15.79

Men 3000 Meter Run Midget

Zone 3: 9:28.01 2016-05-10 Santiago Gaitan

Name	School	Finals
Finals		
1 Adam Woehl	Gfess	9:58.88
2 Payton Gauthier	Smhs-Niagara Fa	11:31.55
3 Owen Kelley	Gfess	12:02.58
4 Joseph Wainwright	Esjv-Welland	12:05.32

Men 100 Meter Hurdles Midget

Zone 3: 15.21 2017-05-09 Callan Saldutto

Name	School	Finals
Finals		
1 Hunter Roszell	Elcss-Fonthill	17.01
2 Noah Carl	Css-Welland	17.38
3 Dylan DeVinney	Css-Welland	18.95
4 Alexander Cowen	Anmss-Niagara Fa	19.84

5 Richard Young Gfess 21.57

Men 300 Meter Hurdles Midget

Zone 3: 44.08 2008-05-13 Sam Testa

Name	School	Finals
Finals		
1 Noah Carl	Css-Welland	45.40
2 Nathan Lefebvre	Anmss-Niagara Fa	48.73
3 Dominic McIntosh	Css-Welland	49.52
4 Alexander Cowen	Anmss-Niagara Fa	49.81
5 Dylan DeVinney	Css-Welland	50.26
6 Jackson Louws	Gfess	51.80
7 Peter Nazaire	Lchs-Port Colbou	53.70
8 Hayden Fretz	Niagara Coll	1:01.95

Men 4x100 Meter Relay Midget

Zone 3: 48.53 2007-05-15 St. Paul HS

Team	Relay	Finals
S Oreskovich, J Cardamone, M Greco, J Cardwell		
Finals		
1 Centennial - Welland		49.97
1) Zach Perna	2) Dylan DeVinney	
3) Noah Carl	4) Dominic McIntosh	
2 Anmss-Niagara Fa		51.12
3 Elcss-Fonthill		51.69
1) Hunter Roszell	2) Jacob Martin	
3) Donovan Fenton	4) Sam Nawrocki	
--- Sphs-Niagara Fa		DQ
--- Gfess		DQ

Men High Jump Midget

Zone 3: 1.80m 2007-05-15 Jean-Paul Lauzon

Name	School	Finals
Finals		
1 Jackson Collins	Css-Welland	1.66m
2 Michael Ivanov	Anmss-Niagara Fa	1.65m
3 Connor Kochony	Ess-Welland	1.55m
3 Evan Jacob	Lchs-Port Colbou	1.55m
5 Jonathan Hooker	Elcss-Fonthill	1.50m
6 Andy Spironello	Ess-Welland	1.35m
7 Joshua Boily	Esjv-Welland	1.30m
8 Christopher Tobias	Ess-Welland	1.25m

Men Pole Vault Midget

Zone 3: 3.33m 2012-05-15 Joel Mueller

Name	School	Finals
Finals		
1 Jonathan Hooker	Elcss-Fonthill	2.10m
2 Parker Triano	Elcss-Fonthill	1.80m
3 William Hamilton	Elcss-Fonthill	1.25m

Men Long Jump Midget

Zone 3: 6.14m 2007-05-15 Jean-Paul Lauzon

Name	School	Finals
Finals		
1 Michael Ivanov	Anmss-Niagara Fa	5.61m
2 Tavon Pulema	Anmss-Niagara Fa	5.59m

2018 ZONE 3 Championship Meet
Niagara Olympic Club

Results

Finals ... (Men Long Jump Midget)

Name	School	Finals
3 Thomas Brooks	Sphs-Niagara Fal	5.38m
4 Lukas Bartok	Esjv-Welland	5.35m
5 Evan Jacob	Lchs-Port Colbou	5.18m
6 Connor Kochony	Ess-Welland	5.04m
7 Hunter Brown	Ndc-Welland	4.80m
8 Victor Ogunkoya	Ndc-Welland	4.62m
9 Michael Cowan	Ess-Welland	4.55m
10 Matthew Everett	Niagara Coll	4.52m
11 Zach Perna	Css-Welland	4.41m
12 Xavian Bowyer	Smhs-Niagara Fal	4.28m
13 Cole Bartok	Esjv-Welland	4.14m
14 Christopher Tobias	Ess-Welland	3.61m
--- Nathan Sawyer	Sphs-Niagara Fal	DNF

Men Triple Jump Midget

Zone 3: 12.14m 2018-05-14 Michael Ivanov

Name	School	Finals
1 Michael Ivanov	Anmss-Niagara Fa	12.14m
2 Tavon Pulema	Anmss-Niagara Fa	12.00m
3 Zach Perna	Css-Welland	10.45m
4 Hunter Roszell	Elcss-Fonthill	10.35m
5 Lukas Bartok	Esjv-Welland	10.31m
6 Jonathan Hooker	Elcss-Fonthill	10.27m
7 Xavian Bowyer	Smhs-Niagara Fal	10.15m
8 Victor Ogunkoya	Ndc-Welland	9.45m
9 Nathan Sawyer	Sphs-Niagara Fal	9.30m
10 Cole Bartok	Esjv-Welland	8.70m
11 Christopher Tobias	Ess-Welland	8.59m

Men Shot Put Midget

Zone 3: 13.45m 2004-05-11 Nicholas Barron

Name	School	Finals
1 Tommy Leavens	Elcss-Fonthill	12.60m
2 Payton Gauthier	Smhs-Niagara Fal	11.55m
3 Griffin Vaughan	Lchs-Port Colbou	11.15m
4 Dj (david) Shannon	Sphs-Niagara Fal	10.93m
5 Andrew Beam	Gfess	10.57m
6 Micah Stewart	Gfess	10.28m
7 Abdirahman Ahmed	Sc-Niagara Falls	9.73m
8 Ryan Lunn	Sphs-Niagara Fal	9.27m
9 Gary Richards	Sphs-Niagara Fal	8.91m
10 Michael Wiley	Gfess	8.47m
11 Benjamin Brozovic	Pchs-Port Colbor	8.39m
12 David Osorio	Niagara Coll	8.19m

Men Discus Throw Midget

Zone 3: 44.29m 2017-05-09 Callan Saldutto

Name	School	Finals
1 Michael Wiley	Gfess	34.47m
2 Micah Stewart	Gfess	30.45m
3 Tommy Leavens	Elcss-Fonthill	29.47m

4 Hunter Roszell	Elcss-Fonthill	27.74m
5 Zach Perna	Css-Welland	26.01m
6 Andrew Beam	Gfess	25.71m
7 Trent Furlong	Elcss-Fonthill	24.48m
8 Benjamin Brozovic	Pchs-Port Colbor	23.18m
9 Parker Triano	Elcss-Fonthill	14.16m

Men Javelin Throw Midget

Zone 3: 48.21m 2008-05-13 Dylan Niece

Name	School	Finals
1 Evan Jacob	Lchs-Port Colbou	38.91m
2 Andy Spironello	Ess-Welland	37.64m
3 Trent Furlong	Elcss-Fonthill	33.95m
4 Dj (david) Shannon	Sphs-Niagara Fal	30.81m
5 Connor Kochony	Ess-Welland	30.28m
6 Gary Richards	Sphs-Niagara Fal	29.17m
7 Micah Stewart	Gfess	28.23m
8 Tommy Leavens	Elcss-Fonthill	26.03m
9 Victor Ogunkoya	Ndc-Welland	21.80m
10 David J. Gillies	Lchs-Port Colbou	17.33m
11 Parker Triano	Elcss-Fonthill	17.05m
--- Krish-Marc Michel	Lchs-Port Colbou	DQ

Men 100 Meter Dash Junior

Zone 3: 11.27 2016-05-10 Ethan Pasco

Name	School	Prelims
1 Carter Teal	Elcss-Fonthill	11.85Q
2 Jacob Succar	Ndc-Welland	12.23Q
3 David Jones	Ndc-Welland	11.89Q
4 T.J. Cronkwright	Anmss-Niagara Fa	12.43Q
5 Faramade Odusanya	Niagara Coll	12.58Q
6 Devon Schiller-Cleveland	Sphs-Niagara Fal	12.61Q
7 Reece Beaupit	Sphs-Niagara Fal	13.18q
8 Matthew Mills	Anmss-Niagara Fa	13.35q
9 Anthony Molon	Niagara Coll	13.52
10 Anthony Palmieri	Sphs-Niagara Fal	13.85
11 Aaron Yonkers	Gfess	14.20
12 Daniel Soppitt	Niagara Coll	31.97

Men 100 Meter Dash Junior

Zone 3: 11.27 2016-05-10 Ethan Pasco

Name	School	Finals
1 Carter Teal	Elcss-Fonthill	11.63
2 David Jones	Ndc-Welland	11.68
3 Jacob Succar	Ndc-Welland	12.03
4 Faramade Odusanya	Niagara Coll	12.19
5 Devon Schiller-Cleveland	Sphs-Niagara Fal	12.30
6 T.J. Cronkwright	Anmss-Niagara Fa	12.38
7 Reece Beaupit	Sphs-Niagara Fal	12.87
8 Matthew Mills	Anmss-Niagara Fa	13.05

2018 ZONE 3 Championship Meet
Niagara Olympic Club
Results

Men 200 Meter Dash Junior

Zone 3: 23.03 2016-05-10 Ethan Pasco

Name	School	Finals
Finals		
1 Carter Teal	Elcss-Fonthill	23.95
2 Faramade Odusanya	Niagara Coll	25.39
3 T.J. Cronkwright	Anmss-Niagara Fa	26.27
4 Reece Beaupit	Sphs-Niagara Fal	27.18
5 Matthew Mills	Anmss-Niagara Fa	27.86
6 Anthony Palmieri	Sphs-Niagara Fal	28.51
7 Johnson Luu	Wss-Niagara Fall	30.09
8 Devan Day	Lchs-Port Colbou	37.72

Men 400 Meter Dash Junior

Zone 3: 53.32 2012-05-15 Jordan Fortin

Name	School	Finals
Finals		
1 Jordan Gilbert	Anmss-Niagara Fa	56.72
2 Davis Gollert	Anmss-Niagara Fa	57.81
3 Ayden Nicoletta	Gfess	57.87
4 Jon Kort	Css-Welland	58.64
5 Josiah Forde	Niagara Coll	1:02.06
6 Daniel Reid-Tavano	Smhs-Niagara Fal	1:02.08
7 Anthony Molon	Niagara Coll	1:04.18
8 Johnson Luu	Wss-Niagara Fall	1:04.45
9 Ryan Saxe	Wss-Niagara Fall	1:04.86

Men 800 Meter Run Junior

Zone 3: 2:05.55 2016-05-10 Brock Deba

Name	School	Finals
Finals		
1 Ethan Miskolczi	Ndc-Welland	2:15.85
2 Benjamin Doherty	Ndc-Welland	2:33.78

Men 1500 Meter Run Junior

Zone 3: 4:15.53 2010-05-11 Brayden Seneca

Name	School	Finals
Finals		
1 Ethan Miskolczi	Ndc-Welland	4:45.59
2 Josiah Forde	Niagara Coll	5:39.79
3 Samuel Csuka	Ndc-Welland	6:04.51

Men 3000 Meter Run Junior

Zone 3: 9:34.67 2007-05-15 Jeremy Rae

Name	School	Finals
Finals		
1 Samuel Csuka	Ndc-Welland	13:31.78

Men 300 Meter Hurdles Junior

Zone 3: 38.57 2004-05-11 Jake Gibson

Name	School	Finals
Finals		
1 Jon Kort	Css-Welland	46.75
2 Benjamin Doherty	Ndc-Welland	49.95
3 Tristan Sorge	Lchs-Port Colbou	50.20
4 Ayden Nicoletta	Gfess	55.65

Men 4x100 Meter Relay Junior

Zone 3: 46.71 2014-05-13 A.N. Myer - Niagara Falls

C Parlevliet, M Burns, T Ford, T Ford

Team	Relay	Finals
Finals		
1 Ndc-Welland		47.77
1) David Jones	2) Jacob Succar	
3) Ethan Miskolczi	4) Benjamin Doherty	
2 Anmss-Niagara Fa		49.79
1) Matthew Mills	2) T.J. Cronkwright	
3) Davis Gollert	4) Jordan Gilbert	
3 Gfess		51.99
1) Ayden Nicoletta	2) Mason Arbic	
3) Zachary Briggs	4) Adriel Castellanos	
4 Niagara Coll		52.66
1) Faramade Odusanya	2) Anthony Molon	
3) Josiah Forde	4) Joshua Etigwe-Uwa	
5 Elcss-Fonthill		54.37
1) William Hamilton	2) Colton Sawatzky	
3) Emile Zanuttini	4) Jonathan Hooker	

Men High Jump Junior

Zone 3: 1.85m 2008-05-13 Jean-Paul Lauzon

Name	School	Finals
Finals		
1 Joshua Etigwe-Uwa	Niagara Coll	1.55m
2 Muhamad Alali	Smhs-Niagara Fal	1.45m

Men Long Jump Junior

Zone 3: 6.17m 2008-05-13 Jean-Paul Lauzon

Name	School	Finals
Finals		
1 Carter Teal	Elcss-Fonthill	6.14m
2 David Jones	Ndc-Welland	5.84m
3 Jacob Succar	Ndc-Welland	5.53m
4 Ryan Saxe	Wss-Niagara Fall	5.50m
5 Faramade Odusanya	Niagara Coll	5.48m
5 Endy Youyoute	Sphs-Niagara Fal	5.48m
7 Evan Bartok	Esjv-Welland	5.26m
8 Aaron Yonkers	Gfess	4.85m
9 Benjamin Doherty	Ndc-Welland	4.84m
10 Tyler Errington	Ndc-Welland	4.58m
11 Josiah Forde	Niagara Coll	4.49m
12 Anthony Molon	Niagara Coll	4.42m
13 Krish Patel	Ess-Welland	4.21m

Men Triple Jump Junior

Zone 3: 12.36m 2014-05-13 Solomon Awobem

Name	School	Finals
Finals		
1 Tristan Sorge	Lchs-Port Colbou	11.13m
2 Evan Bartok	Esjv-Welland	10.87m
3 Krish Patel	Ess-Welland	10.52m
4 T.J. Cronkwright	Anmss-Niagara Fa	10.05m

2018 ZONE 3 Championship Meet
Niagara Olympic Club

Results

Men Shot Put Junior

Zone 3: 14.72m 2010-05-11 Rob Osborn

Name	School	Finals
Finals		
1 Callan Saldutto	Ndc-Welland	14.31m
2 Joshua Lennox	Sphs-Niagara Fal	11.95m
3 Nathan Surla	Sc-Niagara Falls	11.15m
4 Jordan Gilbert	Anmss-Niagara Fa	10.95m
5 joey Caimpo	Sphs-Niagara Fal	10.82m
6 Devon Schiller-Cleveland	Sphs-Niagara Fal	10.71m
7 Owen Durand	Wss-Niagara Fall	9.99m
8 Ethan Cardwell	Ess-Welland	7.84m

Men Discus Throw Junior

Zone 3: 53.52m 2018-05-14 Callan Saldutto

Name	School	Finals
Finals		
1 Callan Saldutto	Ndc-Welland	53.52m
2 Zachary Briggs	Gfess	40.25m
3 Tyler Errington	Ndc-Welland	31.57m
4 Dylan Cipriano	Css-Welland	31.37m
5 Adriel Castellanos	Gfess	26.43m
6 Ethan Cardwell	Ess-Welland	25.63m
7 Callen Tuck	Pchs-Port Colbor	23.11m

Men Javelin Throw Junior

Zone 3: 53.27m 2018-05-14 Callan Saldutto

Name	School	Finals
Finals		
1 Callan Saldutto	Ndc-Welland	53.27m
2 Kyle Glenney	Elcss-Fonthill	40.09m
3 Jacob Succar	Ndc-Welland	38.07m
4 Matthew Mills	Anmss-Niagara Fa	33.32m
5 Nathan Surla	Sc-Niagara Falls	31.34m
6 Devon Schiller-Cleveland	Sphs-Niagara Fal	28.35m
7 Callen Tuck	Pchs-Port Colbor	28.18m
8 Dylan Cipriano	Css-Welland	26.36m
9 Samuel Csuka	Ndc-Welland	24.10m
10 Zachary Briggs	Gfess	21.66m
11 Owen Durand	Wss-Niagara Fall	21.22m
--- Jordan Gilbert	Anmss-Niagara Fa	DQ
--- Devan Day	Lchs-Port Colbou	DQ

Men 100 Meter Dash Senior

Zone 3: 10.99 2017-05-09 Tre Ford

Name	School	Prelims
Preliminaries		
1 Ethan Pasco	Sphs-Niagara Fal	11.36Q
2 Clayton Roperti	Smhs-Niagara Fal	11.76Q
3 Blake DeVinny	Css-Welland	11.96Q
4 Mateo Corritore	Anmss-Niagara Fa	11.94Q
5 Owen Protulipac	Anmss-Niagara Fa	12.11Q
6 Di'Andre McDonald	Esjv-Welland	12.29Q
7 Matthew Bolton	Gfess	12.33q
8 Christan Pavely	Css-Welland	12.38q

9 Mackenzie Jasinkas	Css-Welland	12.86
10 Matteo Cimato	Sphs-Niagara Fal	12.87
11 Caleb Pelletier	Css-Welland	12.95
12 Jorge Rodriguez	Anmss-Niagara Fa	13.22
13 Moini Urube Donald Tolol	Ndc-Welland	13.43
14 Kenneth Yuen	Niagara Coll	13.86

Men 100 Meter Dash Senior

Zone 3: 10.99 2017-05-09 Tre Ford

Name	School	Finals
Finals		
1 Ethan Pasco	Sphs-Niagara Fal	11.42
2 Clayton Roperti	Smhs-Niagara Fal	11.76
3 Blake DeVinny	Css-Welland	11.79
4 Owen Protulipac	Anmss-Niagara Fa	12.13
5 Mateo Corritore	Anmss-Niagara Fa	12.14
6 Di'Andre McDonald	Esjv-Welland	12.26
7 Christan Pavely	Css-Welland	12.31
8 Matthew Bolton	Gfess	12.43

Men 200 Meter Dash Senior

Zone 3: 22.21 2016-05-10 Tre Ford

Name	School	Finals
Finals		
1 Ethan Pasco	Sphs-Niagara Fal	23.62
2 Mackenzie Jasinkas	Css-Welland	24.67
3 Christan Pavely	Css-Welland	24.84
4 Owen Protulipac	Anmss-Niagara Fa	24.94
5 Jemar Graham	Sphs-Niagara Fal	25.61
6 Caleb Pelletier	Css-Welland	26.41

Men 400 Meter Dash Senior

Zone 3: 48.79 2012-05-15 Dylan Brennand

Name	School	Finals
Finals		
1 Brock Deba	Elcss-Fonthill	52.36
2 Mackenzie Jasinkas	Css-Welland	52.79
3 Isaac Lapp	Gfess	56.66
4 Ethan Speck	Css-Welland	1:02.36

Men 800 Meter Run Senior

Zone 3: 1:54.24 2009-05-12 Jeremy Rae

Name	School	Finals
Finals		
1 Brock Deba	Elcss-Fonthill	2:10.74
2 Isaac Lapp	Gfess	2:12.79
3 Derian Free	Elcss-Fonthill	2:12.85
4 Dean Miller	Pchs-Port Colbor	2:29.18
5 Ethan Speck	Css-Welland	2:32.46
6 Stanley Lam	Css-Welland	2:57.75

Men 1500 Meter Run Senior

Zone 3: 3:59.90 2009-05-12 Jeremy Rae

Name	School	Finals
Finals		
1 Santiago Gaitan-Caballero	Ndc-Welland	4:00.20
2 Justice Ball	Anmss-Niagara Fa	5:05.14

2018 ZONE 3 Championship Meet
Niagara Olympic Club

Results

Finals ... (Men 1500 Meter Run Senior)

Name	School	Finals
3 Stanley Lam	Css-Welland	5:31.38
4 Joel Snider	Pchs-Port Colbor	5:38.35
5 Mark Youngblut	Pchs-Port Colbor	5:51.52
--- Isaac Lapp	Gfess	DNF

Men 3000 Meter Run Senior

Zone 3: 9:10.48 2018-05-14Santiago Gaitan-Caballero

Name	School	Finals
1 Santiago Gaitan-Caballero	Ndc-Welland	9:10.48
2 Cian Burke	Sphs-Niagara Fal	12:14.42
3 Justin Cristi	Sphs-Niagara Fal	12:17.79
4 Mark Youngblut	Pchs-Port Colbor	12:39.68

Men 110 Meter Hurdles Senior

Zone 3: 15.24 2012-05-15Nicolas Katulic-Ducharme

Name	School	Finals
1 Blake DeVinny	Css-Welland	15.69
2 Di'Andre McDonald	Esjv-Welland	16.63

Men 400 Meter Hurdles Senior

Zone 3: 58.77 2012-05-15Zachary Hildebrand

Name	School	Finals
1 Blake DeVinny	Css-Welland	1:04.09
2 Williston Goodfellow	Css-Welland	1:04.11

Men 4x100 Meter Relay Senior

Zone 3: 44.47 2013-05-14Notre Dame College

J Augustine, K Brannigan, R Joseph, A Westin

Team	Relay	Finals
1 Centennial - Welland		46.47
1) Christan Pavely	2) Williston Goodfellow	
3) Mackenzie Jasinkas	4) Caleb Pelletier	
2 Sphs-Niagara Fal		46.88
1) Ethan Pasco	2) Matteo Cimato	
3) Jemar Graham	4) Devon Schiller-Cleveland	
3 Anmss-Niagara Fa		47.18
1) Owen Protulipac	2) William Widner	
3) Jorge Rodriguez	4) Mateo Corritore	
4 Elcss-Fonthill		48.31
1) Aidan Clarke	2) Josh Glen	
3) Mitchell Frick	4) Carter Teal	
5 Smhs-Niagara Fal		49.18
1) Daniel Reid-Tavano	2) Clayton Roperti	
3) Qasim Khan	4) Abdullah Khan	
--- Ndc-Welland		DQ

Men High Jump Senior

Zone 3: 2.00m 2008-05-13Jay Diston

Name	School	Finals
1 Johnny Jacob	Lchs-Port Colbou	1.83m

2 Neil Wangler	Niagara Coll	1.75m
3 Nelson Collee	Ndc-Welland	1.65m
3 Nicholas Murdaca	Anmss-Niagara Fa	1.65m
5 Abdullah Khan	Smhs-Niagara Fal	1.60m
--- Demetris Silva	Ndc-Welland	DNF
--- Mateo Corritore	Anmss-Niagara Fa	DQ
--- Daniel Durkin	Ndc-Welland	DQ

Men Pole Vault Senior

Zone 3: 4.45m 2007-05-15Kyle Tomasello

Name	School	Finals
1 Ross Michalko	Elcss-Fonthill	3.00m
2 Aidan Clarke	Elcss-Fonthill	2.90m
3 Adrian Papez	Elcss-Fonthill	2.60m
4 Zach Pasma	Elcss-Fonthill	2.40m

Men Long Jump Senior

Zone 3: 6.79m 2007-05-15Tristan Woodburn

Name	School	Finals
1 Johnny Jacob	Lchs-Port Colbou	6.63m
2 Di'Andre McDonald	Esjv-Welland	5.82m
3 Josh Glen	Elcss-Fonthill	5.81m
4 Sebastien Michel	Ndc-Welland	5.75m
5 Qasim Khan	Smhs-Niagara Fal	5.62m
6 William Widner	Anmss-Niagara Fa	5.59m
7 Matthew Bolton	Gfess	5.52m
7 Nicholas Murdaca	Anmss-Niagara Fa	5.52m
9 Nelson Collee	Ndc-Welland	5.46m
10 Andrew Hambly	Gfess	5.45m
11 Jemar Graham	Sphs-Niagara Fal	5.28m
12 Roldin Valencia Cortes	Ndc-Welland	5.23m
12 Mateo Corritore	Anmss-Niagara Fa	5.23m
14 Jerry Nyambiya	Anmss-Niagara Fa	5.21m
15 Dan Brady	Sphs-Niagara Fal	5.02m
16 Abdullah Khan	Smhs-Niagara Fal	5.00m
17 Cian Burke	Sphs-Niagara Fal	4.89m
18 Ethan VanNatter	Gfess	4.76m
19 Kenneth Yuen	Niagara Coll	4.43m

Men Triple Jump Senior

Zone 3: 12.95m 2011-05-10Troy Laguerre

Name	School	Finals
1 Qasim Khan	Smhs-Niagara Fal	12.24m
2 Josh Glen	Elcss-Fonthill	12.08m
3 Sebastien Michel	Ndc-Welland	11.87m
3 Abdullah Khan	Smhs-Niagara Fal	11.87m
5 Nelson Collee	Ndc-Welland	11.76m
6 Jerry Nyambiya	Anmss-Niagara Fa	11.46m
7 William Widner	Anmss-Niagara Fa	11.44m
8 Moini Urube Donald Tolol	Ndc-Welland	11.39m
9 Dan Brady	Sphs-Niagara Fal	10.69m
10 Zach Pasma	Elcss-Fonthill	10.32m

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Men Shot Put Senior

Zone 3: 14.79m 2005-05-10Mark Young

Name	School	Finals
Finals		
1 Bruce Bryan	Pchs-Port Colbor	12.43m
2 Joshua Bigelow	Wss-Niagara Fall	12.11m
3 Jesse Murphy	Sphs-Niagara Fal	11.02m
4 Isaac Cousineau	Css-Welland	9.92m
5 Ty Bennett	Wss-Niagara Fall	9.61m
6 Haddy Dahoui	Smhs-Niagara Fal	9.34m
7 Carter Seguin	Gfess	9.14m
8 Daniel Krowchuk	Wss-Niagara Fall	8.74m
9 Hunter Bradt	Gfess	7.92m
10 Mitchell Frick	Elcss-Fonthill	7.83m
11 Cameron Hunt	Ndc-Welland	7.74m

Men Discus Throw Senior

Zone 3: 48.39m 2005-05-10Mark Young

Name	School	Finals
Finals		
1 Joshua Bigelow	Wss-Niagara Fall	33.05m
2 Jake Richard	Pchs-Port Colbor	32.17m
3 Bruce Bryan	Pchs-Port Colbor	31.63m
4 Daniel Durkin	Ndc-Welland	29.38m
5 Liam Allcroft	Gfess	27.88m
6 Isaac Cousineau	Css-Welland	26.25m
7 Markian Hawrylyshyn	Smhs-Niagara Fal	25.76m
8 Hunter Bradt	Gfess	24.87m
9 Connor Mullen	Lchs-Port Colbou	24.72m
10 Mitchell Frick	Elcss-Fonthill	24.44m
11 Ross Michalko	Elcss-Fonthill	24.21m
12 Daniel Krowchuk	Wss-Niagara Fall	21.08m
13 Cameron Hunt	Ndc-Welland	20.30m
14 Aidan Plato	Lchs-Port Colbou	17.62m

Men Javelin Throw Senior

Zone 3: 54.57m 2012-05-15Shawn Pellizari

Name	School	Finals
Finals		
1 Daniel Durkin	Ndc-Welland	45.36m
2 Liam Polden	Esc-Welland	43.35m
3 Caleb Pelletier	Css-Welland	41.71m
4 Dallas Melnick-Baldrey	Anmss-Niagara Fa	37.89m
5 Joshua Bigelow	Wss-Niagara Fall	37.30m
6 Eric Alexandrov	Smhs-Niagara Fal	35.38m
7 Joel Coopman	Gfess	33.58m
8 Roldin Valencia Cortes	Ndc-Welland	33.22m
9 Jesse Murphy	Sphs-Niagara Fal	29.04m
10 Clayton Roperti	Smhs-Niagara Fal	28.56m
11 Demetris Silva	Ndc-Welland	28.33m
12 Daniel Krowchuk	Wss-Niagara Fall	25.52m
13 Connor Mullen	Lchs-Port Colbou	23.74m
14 Markian Hawrylyshyn	Smhs-Niagara Fal	21.72m
15 Aidan Plato	Lchs-Port Colbou	19.60m
--- Ross Michalko	Elcss-Fonthill	DQ

---	Cameron Hunt	Ndc-Welland	DQ
---	Corgan Garrison	Lchs-Port Colbou	DQ
---	Johnny Jacob	Lchs-Port Colbou	DQ

Men 2000 Meter Steeplechase Open

Zone 3: 6:27.80 2009-05-12Tom McRae

Name	School	Finals
Finals		
1 Derian Free	Elcss-Fonthill	7:07.21
2 Neil Wangler	Niagara Coll	7:14.36
3 Williston Goodfellow	Css-Welland	8:18.95

Men 4x400 Meter Relay Open

Zone 3: 3:35.42 2012-05-15Ridgeway-Crystal Beach

Team	Relay	Finals
Finals		
1 Elcss-Fonthill		3:58.84
1) Aidan Clarke	2) Colton Sawatzky	
3) Carter Teal	4) Brock Deba	
2 Gfess		4:03.45
1) Matthew Bolton	2) Isaac Lapp	
3) Andrew Hambly	4) Ethan VanNatter	

Men 100 Meter Dash Ambulatory Ambulatory

Zone 3: 14.19 2018-05-14Erik Kuchemann

Name	School	Finals
Finals		
1 Erik Kuchemann	Ndc-Welland	14.19

Men 100 Meter Run Intellectual

Zone 3: 13.38 2017-05-09Grant Flagg

Name	School	Finals
Finals		
1 Atray Johnson	Ndc-Welland	13.83
2 Andrew McIntyre	Smhs-Niagara Fal	15.54

Men 800 Meter Run Intellectual

Zone 3: 2:51.80 2017-05-09Andrew McIntyre

Name	School	Finals
Finals		
1 Andrew McIntyre	Smhs-Niagara Fal	3:10.00

Men Shot Put Para Shot Pu Intellectual

Zone 3: 8.09m 2018-05-14Atray Johnson

Name	School	Finals
Finals		
1 Atray Johnson	Ndc-Welland	8.09m
2 Brendan Molnar	Ndc-Welland	5.09m

Women - Midget - Team Rankings - 16 Events Scored

1) E. L. Crossley - Fonthill	98
2) Centennial - Welland	51
3) Notre Dame College - Welland	24
4) A.N. Myer - Niagara Falls	21
5) Greater Fort Erie Secondary Sc	18
6) St. Michael - Niagara Falls	12

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7) Lakeshore - Port Colborne	7
8) ESC Jean Vanier - Welland	6
9) St. Paul - Niagara Falls	2

Women - Junior - Team Rankings - 15 Events Scored

1) E. L. Crossley - Fonthill	59.5
2) A.N. Myer - Niagara Falls	29
3) Greater Fort Erie Secondary Sc	28.5
4) Lakeshore - Port Colborne	24
5) Centennial - Welland	16
6) Westlane - Niagara Falls	12
7) Eastdale - Welland	8
8) Port Colborne - Port Colborne	7
9) St. Michael - Niagara Falls	2
9) St. Paul - Niagara Falls	2
11) ES Confederation - Welland	1
11) ESC Jean Vanier - Welland	1

Women - Senior - Team Rankings - 16 Events Scored

1) E. L. Crossley - Fonthill	63
2) A.N. Myer - Niagara Falls	52
3) Centennial - Welland	30
4) Greater Fort Erie Secondary Sc	19
5) Notre Dame College - Welland	18
6) Eastdale - Welland	16
7) Port Colborne - Port Colborne	12
7) St. Paul - Niagara Falls	12
9) Westlane - Niagara Falls	8
10) ESC Jean Vanier - Welland	6
11) Lakeshore - Port Colborne	2
12) Niagara Christian Collegi	1

Women - Open - Team Rankings - 2 Events Scored

1) E. L. Crossley - Fonthill	16
2) A.N. Myer - Niagara Falls	4

Women - Intellectual - Team Rankings - 2 Events Scored

1) Notre Dame College - Welland	12
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Men - Midget - Team Rankings - 16 Events Scored

1) E. L. Crossley - Fonthill	54
2) Centennial - Welland	44
2) A.N. Myer - Niagara Falls	44
4) Greater Fort Erie Secondary Sc	37
5) St. Paul - Niagara Falls	25
6) Lakeshore - Port Colborne	20.5
7) Eastdale - Welland	11.5
8) St. Michael - Niagara Falls	8
9) ESC Jean Vanier - Welland	5

Men - Junior - Team Rankings - 15 Events Scored

1) Notre Dame College - Welland	73
2) A.N. Myer - Niagara Falls	24
3) E. L. Crossley - Fonthill	23
4) Niagara Christian Collegi	19.5
5) Greater Fort Erie Secondary Sc	13
6) Centennial - Welland	10
7) Lakeshore - Port Colborne	9
8) St. Paul - Niagara Falls	8.5
9) ESC Jean Vanier - Welland	4
9) Stamford - Niagara Falls	4
9) St. Michael - Niagara Falls	4
12) Eastdale - Welland	3
13) Westlane - Niagara Falls	2

Men - Senior - Team Rankings - 16 Events Scored

1) Centennial - Welland	47
2) E. L. Crossley - Fonthill	39
3) Notre Dame College - Welland	28
4) St. Paul - Niagara Falls	27
5) Port Colborne - Port Colborne	20
6) A.N. Myer - Niagara Falls	16.5
7) St. Michael - Niagara Falls	15.5
8) Lakeshore - Port Colborne	12
8) Westlane - Niagara Falls	12
10) ESC Jean Vanier - Welland	8
10) Greater Fort Erie Secondary Sc	8
12) ES Confederation - Welland	4
12) Niagara Christian Collegi	4

Men - Open - Team Rankings - 2 Events Scored

1) E. L. Crossley - Fonthill	12
2) Niagara Christian Collegi	4
2) Greater Fort Erie Secondary Sc	4
4) Centennial - Welland	3

Men - Ambulatory - Team Rankings - 1 Events Scored

1) Notre Dame College - Welland	6
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Men - Intellectual - Team Rankings - 3 Events Scored

1) Notre Dame College - Welland	16
2) St. Michael - Niagara Falls	10

Combined Team Scores - Midget - 32 Events Scored

1) E. L. Crossley - Fonthill	152
2) Centennial - Welland	95
3) A.N. Myer - Niagara Falls	65
4) Greater Fort Erie Secondary Sc	55
5) Lakeshore - Port Colborne	27.5
6) St. Paul - Niagara Falls	27
7) Notre Dame College - Welland	24
8) St. Michael - Niagara Falls	20
9) Eastdale - Welland	11.5
10) ESC Jean Vanier - Welland	11

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Combined Team Scores - Junior - 30 Events Scored

1) E. L. Crossley - Fonthill	82.5
2) Notre Dame College - Welland	73
3) A.N. Myer - Niagara Falls	53
4) Greater Fort Erie Secondary Sc	41.5
5) Lakeshore - Port Colborne	33
6) Centennial - Welland	26
7) Niagara Christian Collegi	19.5
8) Westlane - Niagara Falls	14
9) Eastdale - Welland	11
10) St. Paul - Niagara Falls	10.5
11) Port Colborne - Port Colborne	7
12) St. Michael - Niagara Falls	6
13) ESC Jean Vanier - Welland	5
14) Stamford - Niagara Falls	4
15) ES Confederation - Welland	1

Combined Team Scores - Senior - 32 Events Scored

1) E. L. Crossley - Fonthill	102
2) Centennial - Welland	77
3) A.N. Myer - Niagara Falls	68.5
4) Notre Dame College - Welland	46
5) St. Paul - Niagara Falls	39
6) Port Colborne - Port Colborne	32
7) Greater Fort Erie Secondary Sc	27
8) Westlane - Niagara Falls	20
9) Eastdale - Welland	16
10) St. Michael - Niagara Falls	15.5
11) ESC Jean Vanier - Welland	14
11) Lakeshore - Port Colborne	14
13) Niagara Christian Collegi	5
14) ES Confederation - Welland	4

Combined Team Scores - Open - 4 Events Scored

1) E. L. Crossley - Fonthill	28
2) A.N. Myer - Niagara Falls	4
2) Greater Fort Erie Secondary Sc	4
2) Niagara Christian Collegi	4
5) Centennial - Welland	3

Combined Team Scores - Ambulatory - 1 Events Scored

1) Notre Dame College - Welland	6
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Combined Team Scores - Intellectual - 5 Events Scored

1) Notre Dame College - Welland	28
2) St. Michael - Niagara Falls	10