Zone 3 Complete Results

Individual Qualifiers in RED, Teams are highlighted

 **Event 3 Women 4k Run CC Midget**

=======================================================================

 Name School Final Times Points

=======================================================================

 1 Tessa Jeffery ELCSS‑Fonthill 15:59.81 1

 2 Alissa Mete ND‑ Welland 16:19.94 2

 3 Molly Devereux GFESS 16:30.24 3

 4 Crystal Coyne ELCSS‑Fonthill 17:41.63 4

 5 Lauren Knafelc ELCSS‑Fonthill 17:47.24 5

 6 Katelyn Romano CSS‑Welland 18:47.91 6

 7 Maria Abril ESJV‑Welland 18:52.30 7

 8 Shawna Walsh ND‑ Welland 18:55.22 8

 9 Mya Diodati SPHS ‑ Niagara F 19:03.26 9

 10 Alison O'Connor ELCSS‑Fonthill 19:16.14 10

 11 Avery Lebrasseur ANMSS‑NF 19:31.19 11

 12 Emily Sergas ND‑ Welland 19:56.37 12

 13 Melissa Mott LCHS‑Port Col 20:20.87 13

 14 Chryssa Daudelin GFESS 22:12.58 14

 15 Lexie Rowe LCHS‑Port Col 22:13.22 15

 16 Helena Borgman LCHS‑Port Col 22:45.26 16

 17 Isabella Holder ANMSS‑NF 22:52.22 17

 18 Laura Schaefer ND‑ Welland 23:12.60 18

 19 Sarah Habjan LCHS‑Port Col 23:41.06 19

 20 Athena Dezenosky CSS‑Welland 24:26.30 20

 Team Scores MG

Rank Team Total 1 2 3 4

=================================================================================

 1 E. L. Crossley ‑ Fonthill 20 1 4 5 10

 Total Time: 1:10:44.82 Average: 17:41.21

 2 Notre Dame College School 40 2 8 12 18

 Total Time: 1:18:24.13 Average: 19:36.04

 3 Lakeshore ‑ Port Colborne 63 13 15 16 19

 Total Time: 1:29:00.41 Average: 22:15.11

 **Event 4 Men 4k Run CC Midget**

 Name School Final Times Points

=======================================================================

 1 Adam Woehl GFESS 14:33.35 1

 2 Colton Sawatsky ELCSS‑Fonthill 14:38.29 2

 3 Brock Coffin ANMSS‑Niagara Fa 14:39.40 3

 4 Matthew Roda ND‑ Welland 14:50.50 4

 5 Emile Zanuttini ND‑ Welland 15:12.53 5

 6 Johnathon Klauk LCHS‑Port Col 15:13.33 6

 7 Dylan Dumas SPHS ‑ Niagara F 15:15.77 7

 8 Donovon Fenton ELCSS‑Fonthill 15:27.00 8

 9 Owen Metler ELCSS‑Fonthill 15:32.19 9

 10 Samuel Nawrocki ELCSS‑Fonthill 15:33.69 10

 11 Ryan Selman SMHS ‑ Niagara F 16:06.06 11

 12 Owen Kelley GFESS 16:10.10 12

 13 William Hamilton ELCSS‑Fonthill 16:12.85 13

 14 Michael Hudson GFESS 16:17.75 14

 15 Nathan Lefebvre ANMSS‑Niagara Fa 16:18.08 15

 16 Evan VanVliet ELCSS‑Fonthill 16:28.60 16

 17 Patrick Fidler ELCSS‑Fonthill 16:41.01 17

 18 Joseph Wainwright ESJV‑Welland 16:41.31 18

 19 Gianmarco Lavecchia ANMSS‑Niagara Fa 16:43.39 19

 20 Eric Edwards ESJV‑Welland 16:49.05 20

 21 Noah Warkentin NCC 17:17.75 21

 22 Michael VanHelsdingen SMHS ‑ Niagara F 17:36.00 22

 23 Liam Corriveau ESJV‑Welland 17:41.08 23

 24 Owen Gallagher ND‑ Welland 17:41.94 24

 25 Connor Bekker‑Thompson ESJV‑Welland 17:51.97 25

 26 Ethan Hawkins ELCSS‑Fonthill 17:52.17 26

 27 Oliver Ojeda ANMSS‑Niagara Fa 17:55.83 27

 28 David Gilles LCHS‑Port Col 18:10.60 28

 29 Jacob Martin ELCSS‑Fonthill 18:12.86 29

 30 Nicholas Taddeo SPHS ‑ Niagara F 18:44.55 30

 31 Jake Janzen LCHS‑Port Col 19:18.20 31

 32 Ethan Engel ND‑ Welland 19:48.17 32

 33 Braden Lounsbury ANMSS‑Niagara Fa 19:54.32 33

 34 Aidan Gruchot LCHS‑Port Col 20:04.62 34

 35 Coll Campbell SCIVS‑NF 20:12.16 35

 36 Joshua Cournoyea SMHS ‑ Niagara F 20:56.34 36

 37 Conner Ellwood SMHS ‑ Niagara F 21:30.19 37

 38 Peter Nazaire LCHS‑Port Col 21:41.13 38

 39 Ben Plowright ANMSS‑Niagara Fa 22:14.35 39

 Team Scores MB

Rank Team Total 1 2 3 4 5 6 \*7 \*8 \*9

=================================================================================

 1 E. L. Crossley ‑ Fonthil 29 2 8 9 10 13 16 17 26 29

 Total Time: 1:01:11.17 Average: 15:17.80

 2 A.N. Myer ‑ Niagara Falls 64 3 15 19 27 33 39

 Total Time: 1:05:36.70 Average: 16:24.18

 3 Notre Dame College School 65 4 5 24 32

 Total Time: 1:07:33.14 Average: 16:53.29

 4 ES Jean Vanier ‑ Welland 86 18 20 23 25

 Total Time: 1:09:03.41 Average: 17:15.86

 5 Lakeshore ‑ Port Colborne 99 6 28 31 34 38

 Total Time: 1:12:46.75 Average: 18:11.69

 6 St Michael ‑ Niagara Fall 106 11 22 36 37

 Total Time: 1:16:08.59 Average: 19:02.15

 **Event 5 Women 5k Run CC Junior**

 Name School Final Times Points

=======================================================================

 1 Brenna Ainslie WSS‑Niagara Fall 20:12.50 1

 2 Laura Macsai LCHS‑Port Col 20:35.79 2

 3 Julia Taras LCHS‑Port Col 20:41.34 3

 4 Ella Whelan SMHS ‑ Niagara F 20:47.29 4

 5 Sydney Grummett ELCSS‑Fonthill 20:58.61 5

 6 Cori Macsai LCHS‑Port Col 21:24.01 6

 7 Paige Clements ELCSS‑Fonthill 21:35.64 7

 8 Josee Severin SPHS ‑ Niagara F 23:01.58 8

 9 Susan Santillan LCHS‑Port Col 23:57.39 9

 10 Jessica Zheng ANMSS‑Niagara Fa 24:49.73 10

 11 Kaitlyn Palmateer ELCSS‑Fonthill 25:01.99 11

 12 Briana DePaz WSS‑Niagara Fall 25:07.22 12

 13 Jayde Warburton WSS‑Niagara Fall 25:16.47 13

 14 Claire Rabbq ELCSS‑Fonthill 29:03.23 14

 15 Chloe Grabell ELCSS‑Fonthill 29:03.73 15

Team Scores JG

Rank Team Total 1 2 3 4 5

=================================================================================

 1 Lakeshore ‑ Port Colborne 20 2 3 6 9

 Total Time: 1:26:38.53 Average: 21:39.64

 2 E. L. Crossley ‑ Fonthil 37 5 7 11 14 15

 Total Time: 1:36:39.47 Average: 24:09.87

 **Event 6 Men 5k Run CC Junior**

 Name School Final Times Points

=======================================================================

 1 Ethan Miskolczi ND‑ Welland 16:56.00 1

 2 Drew Colangelo ELCSS‑Fonthill 17:46.00 2

 3 Nicholas Iannazzo ND‑ Welland 17:50.00 3

 4 Graeme Staples ND‑ Welland 18:39.00 4

 5 Campbell Whitley ELCSS‑Fonthill 18:42.50 5

 6 Matthew DiRaddo ELCSS‑Fonthill 18:42.70 6

 7 Ayden Nicoletta GFESS 18:43.00 7

 8 Harmon Narbonne ELCSS‑Fonthill 18:44.00 8

 9 Jack Dodd ELCSS‑Fonthill 19:01.00 9

 10 Mason Sterr ELCSS‑Fonthill 19:17.00 10

 11 Josiah Forde NCC 19:39.00 11

 12 Nick Longo ELCSS‑Fonthill 20:34.00 12

 13 Anthony Molone NCC 21:11.40 13

 14 Ridley Giammarco ELCSS‑Fonthill 21:19.00 14

 15 Kieran Inaba ELCSS‑Fonthill 21:53.00 15

 16 Sam Csuka ND‑ Welland 21:55.00 16

 17 Krish Patel Eastdale ‑ Welland 22:14.00 17

 18 Anthony Palmieri SPHS ‑ Niagara F 22:44.00 18

 19 Nick Simmonds ANMSS‑Niagara Fa 22:48.00 19

 20 Joshua Major ND‑ Welland 26:37.00 20

 Team Scores JB

=================================================================================

Rank Team Total 1 2 3 4 5 6 \*7 \*8 \*9

=================================================================================

 1 E. L. Crossley ‑ Fonthil 21 2 5 6 8 9 10 12 14 15

 Total Time: 1:13:55.20 Average: 18:28.80

 2 Notre Dame College School 24 1 3 4 16 20

 Total Time: 1:15:20.00 Average: 18:50.00

 **Event 7 Women 6k Run CC Senior**

=======================================================================

 Name Year School Finals Points

=======================================================================

 1 Kate Knafelc ELCSS‑Fonthill 22:55.28 1

 2 Jessie Fennell ELCSS‑Fonthill 24:32.68 2

 3 Larissa Adamo ANMSS‑Niagara Fa 24:48.92 3

 4 Kayleigh Bush ANMSS‑Niagara Fa 24:54.14 4

 5 Kaelen Partridge ELCSS‑Fonthill 25:35.59 5

 6 Taylor Jamieson‑Nicholls SPHS ‑ Niagara F 26:47.26 6

 7 Margaret Taras LCHS‑Port Col 27:04.37 7

 8 Cate Gualtieri ELCSS‑Fonthill 27:22.80 8

 9 Rachel Kuhn GFESS 27:53.33 9

 10 Julia Labricciosa ELCSS‑Fonthill 28:44.49 10

 11 Emilie Hamilton ELCSS‑Fonthill 28:56.36 11

 12 Megan Helmeczi SPHS ‑ Niagara F 29:43.47 12

 13 Amy Gilmore ELCSS‑Fonthill 29:58.00 13

 14 Hannah Hong ANMSS‑Niagara Fa 30:10.78 14

 15 Maggie Ren NCC 31:01.77 15

 16 Oksana Groch ND‑ Welland 31:03.58 16

 17 Jacquelyn Campbell ANMSS‑Niagara Fa 31:22.33 17

 18 Milana Thibodeau ESJV‑Welland 32:39.28 18

 19 Alexa Goedee ELCSS‑Fonthill 33:02.79 19

 20 Caitlin Putney LCHS‑Port Col 33:45.10 20

 21 Nicole Beam LCHS‑Port Col 34:39.36 21

 22 Sandra Cowell ND‑ Welland 34:45.22 22

 23 Valerie Belanger ELCSS‑Fonthill 34:53.46 23

 24 Kora Curtis‑Masse ELCSS‑Fonthill 35:16.66 24

 Team Scores SG

=================================================================================

Rank Team Total 1 2 3 4 5 6 \*7 \*8 \*9

=================================================================================

 1 E. L. Crossley ‑ Fonthil 16 1 2 5 8 10 11 13 19 23

 Total Time: 1:40:26.35 Average: 25:06.59

 2 A.N. Myer ‑ Niagara Falls 38 3 4 14 17

 Total Time: 1:51:16.17 Average: 27:49.05

 **Event 8 Men 6k Run CC Senior**

 Name School Final Times Points

=======================================================================

 1 Santiago Gaitan‑Caballer ND‑ Welland 19:57.03 1

 2 Brock Deba ELCSS‑Fonthill 20:08.10 2

 3 Derian Free ELCSS‑Fonthill 21:10.86 3

 4 Elliott Song ELCSS‑Fonthill 22:31.50 4

 5 Jacob Gula ELCSS‑Fonthill 22:37.78 5

 6 Zach Pasma ELCSS‑Fonthill 22:47.63 6

 7 Neil Wangler NCC 22:50.44 7

 8 Justice Ball ANMSS‑Niagara Fa 23:04.02 8

 9 Davis Shepherd ELCSS‑Fonthill 23:30.71 9

 10 Rourke Mather ANMSS‑Niagara Fa 23:39.66 10

 11 Sean Grabell ELCSS‑Fonthill 23:42.79 11

 12 Ian Haubert ESJV‑Welland 24:33.03 12

 13 Seth Raso ND‑ Welland 24:51.13 13

 14 Nelson Collee ND‑ Welland 24:51.51 14

 15 Jake Nunn ELCSS‑Fonthill 24:53.94 15

 16 Aidan Clarke ELCSS‑Fonthill 25:00.21 16

 17 Liam Solomon NCC 25:01.89 17

 18 Cian Burke SPHS ‑ Niagara F 25:18.46 18

 19 Stephen Taylor SPHS ‑ Niagara F 25:38.44 19

 20 Maxwell Csuka ND‑ Welland 25:38.65 20

 21 Daniel Cattori NCC 25:59.24 21

 22 Jakob Trickett ANMSS‑Niagara Fa 26:40.64 22

 23 Young Mo Lee ND‑ Welland 26:49.32 23

 24 Aidan Hastings LCHS‑Port Col 27:10.25 24

 25 Moini Urube Donald Tolok ND‑ Welland 28:21.10 25

 26 Robin Nan NCC 29:28.96 26

 27 Anthony Siprak ND‑ Welland 31:34.90 27

 28 Kendell Ramdass SPHS ‑ Niagara F 31:47.68 28

 29 Tristan Gunto SPHS ‑ Niagara F 32:01.80 29

 30 Dawson Bosak GFESS 33:24.68 30

 31 Avery Broere LCHS‑Port Col 36:00.57 31

 Team Scores

Rank Team Total 1 2 3 4 5 6 \*7 \*8 \*9

=================================================================================

 1 E. L. Crossley ‑ Fonthil 14 2 3 4 5 6 9 11 15 16

 Total Time: 1:26:28.24 Average: 21:37.06

 2 Notre Dame College School 48 1 13 14 20 23 25 27

 Total Time: 1:35:18.32 Average: 23:49.58

 3 Niagara Christian Collegi 71 7 17 21 26

 Total Time: 1:43:20.53 Average: 25:50.14

 4 St Paul ‑ Niagara Falls 94 18 19 28 29

 Total Time: 1:54:46.38 Average: 28:41.60

**2017 ZONE 3 CROSS COUNTRY TEAM SCORES**

**Midget Girls ( SOSSA qualifiers Top 3) pts score**

1st E.L.Crossley 20 10

2. Notre Dame 40 8

3. Lakeshore 63 6

**Junior Girls**

 1st Lakeshore ‑ Port Colborne 20 10 ; 2nd E.L.Crossley 37 8

**Senior Girls**

1st E.L.Crossley 78 10

2. Notre Dame 126 8

GIRLS CHAMPIONS TEAM

1st ELCSS (28) 2nd Notre Dame – (18) 3rd Lakeshore (16)

Midget Boys

1st E.L.Crossley 29 10

2. AN Myer 64 8

3. Notre Dame 65 6

4. E.S. Jean Vanier 86 4

5. Lakeshore 99 2

6. St. Michael 106 1

Junior Boys

1st E.L.Crossley 21 10

2. Notre Dame 24 8

Senior Boys

1st E.L.Crossley 14 10

2 Notre Dame 48 8

3. Niagara CC 71 6

**BOYS CHAMPIONS TEAM**

1st ELCSS (30); 2nd ND (22) ; 3rd AN Myer (8)

**2017 ZONE 3 CHAMPIONSHIP TEAM**

1st -E. L. CROSSLEY (60) 2nd Notre Dame (40) 3rd Lakeshore (16)